Lebanon County Human Services Directory 2018



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All reasonable precautions have been taken to avoid errors and/or omissions from the Lebanon County Human Services Guide. Community Action Partnership of Lebanon County does not guarantee the information in the Resource Guide and shall not be responsible for any errors and/or omissions. For information changes and updates please contact CAP at (717)273-9328

AGAPE FAMILY SHELTER

A ministry of the Lebanon Rescue Mission

TARGET POPULATION: Lebanon County and surrounding areas.

ADDRESS: 139 S 9th Street, Lebanon, PA 17042

MAILING ADDRESS: P.O. Box 5, Lebanon, PA 17042

PHONE: (717)272-6573

WEBSITE: www.lebanonrescuemission.org/what-we-do/agape-family-shelter/

HOURS: Office: 10:00 a.m. – 4:00 p.m.

FEES: None

INTAKE: By appointment only

SERVICES

AGAPE provides shelter to women and mothers with children. A structured program is offered to assist women to gain independent housing, financial stability, life skills, parenting support and Christ-centered Bible study.

All clients are to be referred to AGAPE by directly calling the shelter. All prospective guests must make an appointment to speak with the director personally.

OPPORTUNITIES FOR VOLUNTEERS

Call (717)272-6573

ALDER HEALTH SERVICES

TARGET POPULATION: Alder Health Services improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ+ community by providing a culturally competent and affirming environment for the people we serve.

ADDRESS: 100 N. Cameron Street, Suite 201-East, Harrisburg, PA 17101-2412

313 W. Liberty Street, Suite 371, Lancaster, PA 17603

PHONE: (717)233-7190 **FAX:** (717)233-7196

WEB SITE: www.AlderHealth.org **EMAIL:** info@alderhealth.org

SERVICES

• Primary care. HRT. Medical offices in Harrisburg.

- Behavioral health. Psychiatric and mental health therapists at office in Harrisburg and mental health therapist in Lancaster.
- Case management. Case managers are deployed throughout South Central Pennsylvania. Services are free.
- HIV education. Available to the community at large throughout South Central Pennsylvania. Services are free.
- HIV and STD testing. Walk-in testing for HIV, gonorrhea, chlamydia and syphilis at Harrisburg medical center each Wednesday (except holidays) between 4:00 and 8:00 p.m. Testing available at Gay Pride in Lancaster (June) and Harrisburg (July) and at other regional events throughout the year. Call, visit web page or see Facebook for up to date testing times.

AMERICAN CANCER SOCIETY

TARGET POPULATION: The Lebanon County office was closed in November 2017 and

merged with Hershey.

ADDRESS: PO Box 897, Hershey, PA 17033

PHONE: (800)227-2345 or (717)533-6144 opt. 3

FEES: All services & programs free of charge to cancer patients.

SERVICES

The American Cancer Society provides the following services to cancer patients and their families:

- Transportation
- Reimbursement
- Information & Referral
- Programs on cancer prevention/risk
- Look Good Feel Better
- Self help and other support services
- Programs on cancer prevention/risk and early detection
- Gift items such as wigs

All programs and services are provided free to residents of Lebanon County.

OPPORTUNITIES FOR VOLUNTEERS

We interview potential volunteers and can find a place for EACH one. The more volunteers we have the more we can do. This is a volunteer driven program. Volunteer Coordinator telephone: (800) 227-2345

SUPPORT GROUPS

Look Good – Feel Better

Breast Cancer Rehabilitation (Reach to Recovery)

AMERICAN HEART ASSOCIATION

TARGET POPULATION: General Public.

MAILING ADDRESS: 610 Community Way, Lancaster, PA 17603

PHONE: (717)813-9290

FEES: None SERVICES

The Heart Association's mission is to reduce disability and death from cardiovascular diseases and stroke. To accomplish this mission it is dedicated to: research and providing educational programs to the public. It provides information on nutrition, non-smoking, cardiac care, exercise, hypertension, and programs including CPR training, hypertension screening, nutrition and heart health education of the young.

OPPORTUNITIES FOR VOLUNTEERS

Office Help - Receptionist
Programming - Blood Pressure Taker
CPR Instructor
Fundraising - Residential
Special Events

AMERICAN LUNG ASSOCIATION OF PENNSYLVANIA

TARGET POPULATION: Individuals with lung related diseases (includes smoking cessation)

and lung cancer. Agency covers 17 Counties in Central PA. **ADDRESS:** 3001 Old Gettysburg Road, Camp Hill, PA 17011

PHONE: (717)541-5864

HOURS: 8:30 a.m. – 4:30 p.m., Monday – Friday

SERVICES

Lung disease is the number three killer in the United States, responsible for one in six deaths. More than 33 million people suffer from chronic lung disease. Lung disease causes millions of days lost at school and work and costs the United States billions of dollars in healthcare costs. We are fighting lung disease with research, education and advocacy at the local, state and national level. The American Lung Association is making a difference for you.

Our programs in south central Pennsylvania include lung cancer patient advocate resources, smoking cessation, childhood and adult asthma education, COPD support groups, smoke free policy advocacy and advocacy of comprehensive lung health policies.

OPPORTUNITIES FOR VOLUNTEERS

Volunteers Help Us All Breath Easier

Volunteers have played a vital role for the American Lung Association since its founding, more than 100 years ago. We are grateful for the support of hundreds of thousands of volunteers nationwide. Volunteers provide assistance both locally and nationally.

Special events are a fun and simple way to support the American Lung Association. You can volunteer to participate in special events such as an Asthma Walk or Stair Climb in your community. Some events are even unique to a particular area. Contact your local Lung Association office today to find out how you can Fight for Air with us.

Volunteer Coordinator: (717) 541-5864

AMERICAN RED CROSS

TARGET POPULATION: Residents of Lebanon County.

ADDRESS: 519 Chestnut Street, Lebanon, PA 17042

PHONE: (717)234-3101

HOURS: by appointment only, call above number

SERVICES

The American Red Cross provides casework services to military families and veterans, and disaster relief (emergency food, clothing, shelter, & medical supplies). We offer courses in first aid, water & boat safety, and health services. Nursing and volunteer support is available for community projects and programs.

OPPORTUNITIES FOR VOLUNTEERS

Disaster Services: Respond to emergencies such as fires and assist the family in finding housing, food and clothing.

Nurses: Assist the disaster department with medical paperwork and provide first aid at shelters. Take blood pressure readings at community events.

Blood Drives: Provide hospitality to blood donors; act as a greeter, appointment manager or Canteen worker.

Community Events: Staff a table/booth at a community event.

Youth Red Cross Clubs: Trained in presenting educational programs.

Office Support: Greet visitors to our office and provide basic information about our services. Assist with answering the phone, data entry, filing and making copies. To learn more about volunteer opportunities visit our website at www.redcross.org/centralpa and click on *Volunteer* on the left side of the screen. Follow the steps to complete the volunteer application.

ANOTHER CHANCE COUNSELING

TARGET POPULATION: Drug addicts, alcoholics, co-dependents, adult children of

alcoholics, relationship problems and adult services for psychotherapy.

ADDRESS: 756 Cumberland Street, suite 3, Lebanon, PA 17042

PHONE: (717)507-1386

WEBSITE: www.anotherchancecounseling.com

SERVICES

Individual therapy for drug addiction, alcoholism and codependency.

AREA AGENCY ON AGING

TARGET POPULATION: 60 years or older.

ADDRESS: 710 Maple Street, Senior Center, 2nd Floor, Lebanon, PA 17046

PHONE: (717)273-9262 or (717)274-1439

AFTER HOURS PHONE: None

HOURS: 8:00 a.m. – 4:30 p.m., Monday – Friday

WEBSITE: www.lebcounty.org/depts/AAA/pages/default.aspx

EMAIL: lebcoaaa@lebcnty.org

FEES: Donation or sliding fees for certain services

SERVICES

Outreach - The initial introduction of Area Agency on Aging services to elderly
individuals includes door to door contact with persons who may be isolated or lacking the
knowledge of available community services.

- Information and Referral The initial introduction for all information and service requests from or for the agency. This includes provisions of relevant information on and referral to community resources, providing or making available needed services and appropriate follow-up activities. For information call 273-9262 or 274-1439.
- Options Services
 - Care Management Care Management is a series of activities performed by casework staff of the Area Agency on Aging so that a consumer's need may be identified and appropriate services to meet that need can be initiated. The care management process includes:
 - A standardized comprehensive assessment completed, usually in the consumer's home, to thoroughly explore the client's need;
 - Preparation of a service plan, developed in cooperation with the client and agreed to by the consumer; and
 - Arranging needed services for the consumer, either through the Area Agency on Aging or other community agencies.
 - Continuing contact with the client to discuss the services that are being provided and to ensure that they continue to be necessary and appropriate, and that the consumer is satisfied with the service provided.
 - Home Delivered Meals Provides a nutritious meal to individual's homes for older persons, who are housebound and either physically or financially unable to provide an adequate diet.
 - In Home Personal Care/Respite Services of home help and personal care provided in the client's home by a trained, supervised personal care

- homemaker/aide, providing such services as bathing, grooming and light household tasks. Services are on a cost share basis.
- Person Centered Counseling PCC is a person-centered decision support
 process whereby individuals are supported in their deliberations to determine
 appropriate support choices in the context of the person's needs, preferences,
 values, and individual circumstances.
- Adult Daycare Serves adults 60 and over. This service is appropriate for consumers whose caregivers prefer them not to be home alone during the day or if the caregiver needs a care-giving break to rest, to do chores, run errands, work, etc. There are two ADC sites: Eldercare East, adjacent to Cedar Haven at 15 Metro Drive, Lebanon, and Eldercare West at Londonderry Village at 1200 Grubb Street, Palmyra, PA. Hours of Operation are Monday through Friday, from 8:00 a.m. to 4:30 p.m., closed on holidays. Meals are provided to consumers who are at the facility at those times. Activities are geared toward the consumer's functional levels and abilities and include: current events, discussions, trivia, word games, in-chair exercises, games, short films, videos, sing-alongs, entertainment, crafts, etc. A nurse is on duty to handle emergencies and to administer medications during the ADC hours if needed. Transportation is to be provided by family/caregivers or arrangements can be made with Lebanon Transit to ride the shared ride van. Services are on a cost share basis.
- o Protective Services The agency does intake (collection of information and screening of all reports of elder abuse), investigation (a thorough exploration of the situation to determine if the report can be substantiated) and case management. This service is provided to any county resident age 60 and older who is the victim of abuse (physical, mental and/or emotional), neglect, exploitation or abandonment. Referrals can be made 24 hours a day at 273-9262 or the Protective Service hotline number 1-800-490-8505. Office staff is available Monday through Friday from 8:00 a.m. 4:30 p.m. An answering machine will explain how to reach an on-call worker after hours. Once a report is received investigation will occur within 72 hours. Protective services are designed to be short-term and will be terminated as soon as the imminent risk is alleviated.
- Pennsylvania Caregiver Support Program This program offers reimbursement for income eligible families for the purchase of consumable supplies and respite care for families who are providing care for an adult 60 and over, or an adult with chronic Dementia or a caregiver of an adult 19-45 who is disabled, or a grandparent who is a grandparent of a child. A onetime grant may be available to purchase devices or a home modification that would promote independence of the caregiver.

- Senior Community Centers Senior Center services are group-focus activities provided
 at specific locations designed to respond to the social, economic, emotional and physical
 needs of interest to Seniors. Congregate Meals are provided in a group setting designed to
 facilitate socialization and promotion of better health while providing low cost nutrition.
 Activities on site, as well as programs and trips organized off site, are also planned for
 socialization and support to seniors over 60.
- Apprise Trained volunteers will be helping to counsel Medicare beneficiaries with
 questions concerning their Medicare, supplemental coverage, Part D Medicare,
 PACE/PACENET and current insurance needs. This program also provides a seminar
 once a month covering all forms of health insurance available for senior citizens residing
 in Lebanon County.
- Transportation Transportation services that enable individuals to travel to and from
 community facilities in order to receive services, reduce isolation or otherwise promote
 independent living. The Area Agency on Aging provides transportation through a
 contract with Lebanon Transit for eligible seniors anywhere in the County emphasizing
 doctor and appointments, shopping assistance and other social services.
- Long Term Ombudsman The Area Agency on the Aging is contracted with Mid-Penn Legal Services to provide LTC Ombudsman service to receive, investigate and resolve complaints from residents of Nursing Facilities and Personal Care Homes in Lebanon County.
- Legal Services Seniors whose income is less than 125% of the poverty level may be referred for legal assistance. Referrals are made to legal professionals to provide counseling and legal representation based on the eligibility by financial need.
- Level of Care Assessments Assessments are completed to determine the consumer's needs and the most appropriate and effective means of meeting those needs. Assessment outcomes may range from home and community-based services to placement in a nursing facility, personal care home or domiciliary care home and to make application for funding if financially eligible. Placement services include arranging for needed medical, functional, psychological or psychiatric evaluations when necessary and providing an inventory of licensed county facilities.
- Nursing Home Transition This program is designed by the state of PA for individuals
 who are currently in nursing homes to transition back into the community with supportive
 services provided by the Area Agency on Aging or other support systems within the
 community.
- Special Projects This service consists of specific initiatives undertaken by the agency designed to improve the health and living arrangements of seniors in the community and/or seniors on caseload, pending allowable budget for the projects ie: Senior home

- repair/modification program, assistive technology, PERS units, medicine dispensers and adaptive equipment devices.
- Prime Time Health Programs to educate and encourage seniors to live healthy lifestyles, ie: Healthy Steps.

Referrals are made for the Department of Aging Waiver Program through the Independent Enrollment Broker, Maximus and to the Albright Life Center (Daycare) for the Life Waiver.

OPPORTUNITIES FOR VOLUNTEERS

Meals on Wheels Adult Day Care

Apprise

Transportation

Special Projects

Assist with Property Tax/ Rent rebates (Lunch provided for volunteers on site)

ARTHRITIS FOUNDATION

TARGET POPULATION: Arthritis patients, patients with related conditions or anyone

interested in the patient or disease in Lancaster/Lebanon Counties. **ADDRESS:** 4811 Jonestown Road, # 230, Harrisburg, PA 17109

PHONE: (800)776-0746

HOURS: 8:30 a.m. – 4:30 p.m. Monday – Friday

AFTER HOURS PHONE: (800) 776-0746

FEES: None

PROGRAM AND SERVICES DIRECTOR: Rachel Albright

SERVICES

The mission of the Arthritis Foundation is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases. The Arthritis Foundation is the source of help and hope for two million people in Pennsylvania with arthritis. The term "arthritis" refers to over 100 forms of related conditions, including lupus, fibromyalgia, osteo and rheumatoid arthritis, gout, Lyme's disease, and other musculoskeletal chronic illnesses.

The Foundation raises funds for research for this country's number one crippling disease, as well as using those funds for education and patient services. Services include a listing of Rheumatologists and Arthritis Clinics, a loan closet of health care equipment, support groups, patient handbooks and care manuals, information on self-help devices and offering Self-help Classes covering exercises and advice on how to manage your arthritis. Arthritis Aquatic exercise programs are held at the YMCA, Lebanon Valley College and several other locations (fee). Call for details.

OPPORTUNITIES FOR VOLUNTEERS

Membership in the Arthritis Foundation Fashion show – Children Golf fundraiser Self help instructors Support group leaders Jingle Bell Run for Arthritis

BETTER BUSINESS BUREAU OF EASTERN PA CAPITAL DIVISION

(serving Metro Washington, DC and Eastern Pennsylvania)

TARGET POPULATION: Consumers and businesses in the following counties: Adams, Dauphin, Cumberland, Franklin, Fulton, Juniata, Lancaster, Lebanon, Mifflin, Perry and York.

ADDRESS: 1337 North Front Street, Harrisburg, PA 17102

PHONE: (717)273-2669

AFTER HOURS PHONE: (717)364-3250

FAX: (717)234-1724

WEB SITE: www.bbb.org **EMAIL:** info@mybbb.org

HOURS: 9:00 a.m. – 5:00 p.m., Monday – Friday

Reports, complaint forms and pamphlets are available free. Complaints can be entered on the internet at www.bbb.org. It is not necessary to call the BBB before entering this site. The Zip Code of the business will take the complaint to the appropriate BBB office.

Reliability reports on businesses are also available at the above web site at no cost.

SERVICES

The Better Business Bureau provides information on businesses and charities, offers complaint-handling services and provides consumer information. The Bureau's Autoline Program assists in the resolution of problems involving manufacturing defects in certain vehicles – Lemon Law. The BBB offers mediation and arbitration services as a means to resolve disputes involving businesses/businesses and businesses/consumers. Our consumer education services include speeches, personal consumer counseling by phone, general consumer information.

BIG BROTHERS/BIG SISTERS OF LEBANON

TARGET POPULATION: Children 7 to 16 years of age, Volunteers ages 16 and up.

ADDRESS: 746 Cumberland Street, Lebanon, PA 17042

Harrisburg Office is located at: 1500 N. 2nd St. Harrisburg PA 17102

FEES: None

PHONE: (717)272-4443

SERVICES

Big Brothers / Big Sisters provide a supervised primarily, one-to-one relationship to a child in need of an adult friend. Three programs exist in Lebanon County: Community, Sports Buddies and School Based Mentoring.

BOY SCOUTS OF AMERICA Pennsylvania Dutch Council

TARGET POPULATION: Boys and girls 6 - 21 years old

ADDRESS: 630 Janet Avenue, Suite B-114, Lancaster, PA 17601

PHONE: (717)394-4063 **WEB:** http://padutchbsa.org/

AFTER HOURS PHONE: Same as above

HOURS: 8:30 a.m. – 4:30 p.m., Monday-Friday

8:30 a.m. – 7:00 p.m., Thursdays in February, March, September, and October

FEES: \$33.00-youth, \$33.00-adult \$1.50 accident insurance (fees are for full year registration,

rates are prorated if you join mid-year)

SERVICES

BSA mission statement: It is the mission of the Boy Scouts of America to serve others by helping to instill values in young people and in other ways prepare them to make ethical choices over their lifetime in achieving their full potential.

OPPORTUNITIES FOR VOLUNTEERS

District Committee Commissioner Staff Merit Badge Counselors Unit Committee Cubmaster

Scout Master

BUREAU OF BLINDNESS & VISUAL SERVICES DEPT. OF LABOR & INDUSTRY

OFFICE OF VOCATIONAL REHABILITATION

TARGET POPULATION: People who are blind or visually impaired of all ages in an 8 county area. Also people who are multiple disabled who qualify visually.

ADDRESS: Forum Place 555 Walnut Street, 8th Floor, Harrisburg, PA 17110

PHONE: (717)787-7500 or (717)787-1733 (T.T.Y.)

TOLL FREE: (866)375-8264

TTY TOLL FREE: (888)575-9420

HOURS: 8:00 a.m. – 4:30 p.m., Monday – Friday

FEES: There is a financial needs test for some services. Financial eligibility is determined on an

individual basis

SERVICES

The Bureau of Blindness and Visual Services (BBVS) offers specialized services and rehabilitative programs to help persons who are blind or visually impaired work and maintain independent lives. Our six District Offices provide a wide range of services throughout the Commonwealth.

OPPORTUNITIES FOR VOLUNTEERS

Transportation of Lebanon County residents for reimbursement

.

CARON FOUNDATION

TARGET POPULATION: Chemical dependency (substance abuse) treatment center for

addicted adults, adolescents, and families.

ADDRESS: 243 Galen Hall Road, Wernersville, PA 19565

PHONE: (800)678-2332

AFTER HOURS PHONE: Same as above **HOURS:** Facility: 24 hours, 7 days a week **OFFICE HOURS:** 8:30 a.m. – 5:00 p.m. daily

FEES: Varies with service. Call admissions for more information at (800) 678-2332

SERVICES

Caron Treatment Center in Pennsylvania, now in its sixth decade, is a nationally recognized non-profit provider of cutting-edge alcohol and drug addiction treatment. Caron uses the most effective and research evidence-based practices. Caron offers gender-separate, gender-specific treatment programs for adolescents (ages 13-19), young adults (ages 20-25) and adults. Our services also include assessments, relapse treatment and programs for families. Caron's Pennsylvania campus is a 275 bed facility located on a 110-acre historic campus in Wernersville, PA.

Caron provides a comprehensive continuum of treatment services that focus on the medical, psychological/psychiatric, clinical, physical and spiritual aspects of one's recovery; all while being based on the 12-Step philosophy. Caron's mission is to provide an enlightened, caring treatment community in which all those affected by alcoholism or other drug addiction may begin a new life. For more information, please visit us at www.Caron.org.

OPPORTUNITIES FOR VOLUNTEERS

Sending out mailings and envelope stuffing.

Phone: (800)678-2332

SUPPORT GROUPS

Chit Chat Alumni Chapter, Caron Fellowship Groups, Parent & Family Support Groups, AA, NA, Alateen and Alanon Meetings

CEDAR HAVEN

TARGET POPULATION: Elderly and disabled needing nursing care.

ADDRESS: 590 S 5th Avenue, Lebanon, PA 17042

PHONE: (717)274-0421

AFTER HOURS PHONE: (717)274-0421

HOURS: 24 hours

BUSINESS HOURS: 8:00 a.m. – 4:00 p.m., Monday – Friday

FEES: Varies SERVICES

Cedar Haven provides a complete range of nursing and related ancillary services to the indigent people of Lebanon County who require skilled or intermediate nursing care.

OPPORTUNITIES FOR VOLUNTEERS

Student Volunteer Program, ages 14 & up

Special Laundry

Gardening Program

Adopt-A-Friend Program

Assist in patient care and feeding residents

Art & craft activities

Transporting residents within the bldg.

Clerical duties

Entertainment

Grandparent Program

CENTRAL PENNSYLVANIA MARCH OF DIMES

TARGET POPULATION: Adams, Lancaster, Lebanon, Perry, Dauphin, Franklin, Cumberland, Juniata, Fulton, Snyder, Union and York Counties. Mothers and babies. Women of childbearing age.

ADDRESS: 3544 North Progress Avenue, Suite 204, Harrisburg, PA 17110

PHONE: (800)533-9255 or (717)545-4534

AFTER HOURS PHONE: 545-4534

FAX: 545-5329

HOURS: 9:00 a.m. – 5:00 p.m., Monday – Friday

FEES: None SERVICES

The March of Dimes provides professional and public education on prenatal care and birth defects prevention. Financial support of health care providers for medical services programs relative to our mission. Distribution of free information to hospitals, clinics, schools, and private physicians. Fund local community programs supporting the mission through an annual request for proposals.

OPPORTUNITIES FOR VOLUNTEERS

Special events fundraising

Board of Directors

Advisory Committee

Office Work

Public Health Education Medical Needs Review

Healthy Professional Advisory Board

CITY OF LEBANON RECREATION DEPT.

TARGET POPULATION: General public – all age groups.

ADDRESS: 400 South 8th Street, Room 217, Municipal Building, Lebanon, PA 17042

PHONE: (717)228-4401

HOURS: 8:30 a.m. – 4:30 p.m., Monday – Friday

FEES: Varied – depending on activity

FACILITIES

• Stoever's Dam Park – 946 Miller Street (Northeast section of the city)
This 124 acre park offers camping, picnicking, canoeing, fishing and hiking. Facilities include the Nature Barn, the Lebanon Community Theater, pavilions, ball fields, camping, boating and garden plots. For information on camping permits contact City of Lebanon at (717)228-4401.

- Southwest Park 13th & Washington Streets
 This park, consisting of 27.5 acres, has a baseball field, basketball and tennis courts, soccer fields, a playground, restroom facilities and the Optimist Building (which can be rented).
- Coleman Park & Lauther Water Complex 1400 West Maple Street; Route 72 North
 This 92 acre park has a handicapped accessible swimming pool for adults and children.
 There are also tennis courts, baseball fields, picnic areas, an amphitheater, hiking trails
 and a playground. To make a Coleman's Park pavilion reservation call City Public works
 at (717)228-4490. More Park information at (717)272-7271 or
 www.colemanmemorialpark.org. Lauther Water Complex will be closed for the 2018
 season.
- Northeast Park/Youth Center 511 East Canal Street
 This 23.4 acre park has a pond, baseball and softball fields, fenced in lighted street hockey, four lighted tennis courts and a play area.
- Beautex Park 129 Van Buren Street
 This 4.4 acre park contains a baseball field, basketball courts and a tot playground.
- Southeast Playground 193 Walnut Street
 This 2.3 acre park has basketball courts, a baseball facility and a tot playground.
- Progressive Playground East Weidman & First Street This 2.3 acre park has a basketball court and a large tot playground.
- East End Playground 513 East Lehman Street
 This playground has a tot play area and a basketball court.
- Tot Lots Located at Third & Crowell and Sixth and Crowell Streets

- Fisher Veterans' Memorial Park 521 South Ninth Street
 War memorials are located within this small park. Patriotic events are held throughout the year.
- Veterans' Memorial Walkway Fourth to Twelfth Streets along Quittapahilla Creek A walkway with benches and a bike path are on this 5 acre area.

OPPORTUNITIES FOR VOLUNTEERS

Park Ranger Community Service

COMMUNITY SERVICES GROUP

TARGET POPULATION: Infants through adults with mental illness diagnosis.

ADDRESS: 512 South 8th Street, Lebanon PA 17042

PHONE: (717)274-5170, 274-5122 (FSS)

HOURS: 8:00 a.m. – 4:00 p.m., Monday – Friday

SERVICES

The Respite Program provides care for consumers currently living independently in Lebanon County who need added short-term support in order to prevent a psychiatric hospitalization. This program can be accessed for up to 30 days per year. The goal of this program is to prevent hospitalization and discharge the consumer back into independent living. Consumers must be referred through Lebanon County MH/MR and meet C/HIPP criteria.

LOCATIONS

1815 Martin Drive, North Lebanon PHONE: (717)272-2629

2500 South Fifth Avenue, Heidelberg PHONE: (717)949-2548

512 South Eighth Street, Lebanon PHONE: (717)274-5170

625 South Fifteenth Street, Lebanon PHONE: (717)272-5862

821 Chestnut Street, Lebanon PHONE: (717)279-7432

107 Cornwall Hills Drive, Lebanon PHONE: (717)272-5182

1001 Elm Street, Lebanon PHONE: (717)274-7532

214 East Maple Street, Lebanon PHONE: (717)273-3746

112 Park Street, Lebanon PHONE:(717)272-7851

9 Pennwood Road, South Lebanon PHONE: (717)273-1331

321 South Thirteenth Street, Lebanon PHONE: (717) 279-0233

COMPASSIONATE FRIENDS

TARGET POPULATION: Support for families after the death of a child.

ADDRESS: Christ Presbyterian Church, 1300 West Maple Street, Lebanon, PA 17046

PHONE: (717)274-2422

Meets the fourth Monday of each month at 7:00 p.m.

COMPASS MARK

Youth Services and Management Development Services

ADDRESS: 630 Janet Ave, Lancaster PA 17601

PHONE: (717)299-2831

FEES: None for in-county schools and businesses who would like programs or presentations for

students or staff.

SERVICES

Drug and alcohol and gambling prevention and educational services for schools and businesses in Lebanon County. Funded through the Lebanon County Commission on Drug and Alcohol Abuse.

COMPEER PROGRAM OF LEBANON COUNTY

TARGET POPULATION: Severely mentally ill persons 18 years of age or older and live either

in transitional living facilities, with their families or on their own.

ADDRESS: 4 South 4th Street, Unit C Lebanon, PA 17042

PHONE: (717)272-8317

HOURS: 9:00 a.m. – 5:00 p.m., Monday – Friday

FEES: None

E-MAIL: director@compeer-lebanon.org

SERVICES

The mission of Compeer of Lebanon County is to enhance and support recovery, wellness, and a sense of belonging for our friends and neighbors living with mental illness. We strive to accomplish this with care, compassion and excellence. By matching an adult in recovery from a chronic psychiatric illness in a one-to-one friendly relationship with a trained volunteer, Compeer helps to bridge the gap between institutional treatment and community based services. Through its volunteer recruitment, one-to-one match, and educational programs, Compeer works in the community to reduce hospitalizations, reduce the stigma associated with mental illnesses, and enhance public understanding and acceptance of people with a mental illness.

Compeer is regarded as an adjunct to therapy. Our neighbors in recovery from a mental illness, who are socially isolated by their illness and stigma, are referred to the program by a mental health professional. If they are a veteran, they can be referred to our CompeerCORPS program, which follows the same model as the Compeer program, but matches veterans in mental health recovery with veteran volunteers. Some participants live independently or with a family member. Others live in a supervised environment such as a personal care home or supported housing environment. In many cases, their Compeer friend is the only person outside of the mental health delivery system with whom they have any regular and consistent contact.

Compeer volunteers represent all segments of society. Some volunteers may be professional; others may be mental health consumers. Altruism is the common denominator. Volunteer applicants are carefully screened to assure their motivation and suitability as either "Compeer Callers" or one-to-one Compeer "buddies". The Compeer staff and the individual's case manager or therapist provides ongoing training, monitoring, and support of the relationship.

Compeer also offers facilitator led support groups in a safe, judgement free environment that encourage open discussion and support for adult individuals with any mental health condition. Programs like support groups help adults in mental health recovery feel valued, inspire one another and allow them to act as role models for each other. Compeer Support Services provide a

safe place to build personal confidence, empower people to work through their own problems, and reduce the stigma of mental illness. A referral is not needed to attend support groups.

OPPORTUNITIES FOR VOLUNTEERS

- Compeer Calling A weekly supportive telephone call to a person on the waitlist.
- \bullet One-to-One Compeer Friendship Match Four hours a month for at least one year doing the things people normally do a walk in the park, grocery shopping, playing cards, attending a community or congregational event, or just talking.
- Senior Volunteer Mentors assists the staff in training and providing support to new volunteers.
- Fundraising, clerical and special events volunteers

CONGREGATION BETH ISRAEL

TARGET POPULATION: Community.

ADDRESS: 411 South Eighth Street, Lebanon, PA 17042

PHONE: (717)273-2669

WEB: www.congregation-beth-israel.org
EMAIL: beth.israelsynagogue@verizon.net
AFTER HOURS: Same, answering machine

HOURS: 8:00 am - noon, Mon - Fri, 1:00 pm - 4:00 pm, Mon and Wed

FEES: Sliding scale

SERVICES

The Beth Israel Synagogue Center provides adult education classes, a lecture series, religious school for youth and Jewish religious services for people of the Lebanon community. Speakers on various topics are offered. Group tours can be arranged.

OPPORTUNITIES FOR VOLUNTEERS

Congregation

CRISIS INTERVENTION AND INFORMATION CENTER

TARGET POPULATION: Persons in crisis.

ADDRESS: Wellspan Good Samaritan Hospital, 223 South 4th Street, Lebanon, PA 17042

PHONE: (717)274-3363 **FAX:** (717)274-3363

HOURS: 24 hours per day, 7 days a week **FEES:** Your health insurance may be billed.

SERVICES

Crisis Intervention and Information Center services are available on an any-hour basis. The targeted problems served by Crisis Intervention are information and referral, mental health, alcohol/drug abuse, marital conflicts, and family conflicts. The services offered include counseling, other specialized and supportive, information and referral as needed, and reassurance contacts to the elderly. Counselors are also available to speak with emergency room patients if needed and in-house patients as well. Crisis Intervention counselors serve as Mental Health delegates for emergency commitments and make on-site visits into the community when appropriate.

OPPORTUNITIES FOR VOLUNTEERS

Telephone Reassurance Callers Filing Special Projects

CYSTIC FIBROSIS FOUNDATION Central Pennsylvania Chapter

TARGET POPULATION: Individuals with Cystic Fibrosis and volunteers.

ADDRESS: 600 Corporate Circle Suite 103, Harrisburg, PA 17110

PHONE: (717)671-4000 or (800)671-2262

HOURS: 8:30 a.m. – 5:30 p.m., Monday – Friday

WEB ADDRESS: centralpa@cff.org

FEES: None SERVICES

The Cystic Fibrosis Foundation offers literature on CF and raises money through numerous fundraising events throughout the year. We also offer discounts, through our CF Services Department on CF drugs.

OPPORTUNITIES FOR VOLUNTEERS

Various

To inquire about volunteer opportunities please contact us at 671-4000 or email central-pa@cff.org

DEAF AND HARD-OF-HEARING SERVICES OF LANCASTER COUNTY

TARGET POPULATION: Deaf and Hard of Hearing of Central Pa. and those in need of

information about deafness, sign language and related topics.

ADDRESS: 941 Wheatland Ave, Suite 201, Lancaster, PA 17603

PHONE: (717)394-1890

AFTER HOURS PHONE: Answer machine at above numbers

HOURS: 8:30 a.m. – 5:00 p.m., Monday – Friday

FEES: Reduced rates for hearing tests, hourly rate for interpreters, fees for sign classes. Special lease purchase program for hearing aids, and other equipment for deaf or hard of hearing people.

STATEMENT OF PURPOSE

Deaf and Hard-of-Hearing Services of Lancaster County is a nonprofit, charitable organization whose mission is to provide services and education to the community which will enhance the quality of life for Deaf and Hard-of Hearing individuals. The agency will advocate for the self-determination of the Deaf and Hard-of-Hearing, facilitate improved interaction between the Deaf and Hearing communities, and provide clinical audiology services.

SERVICES

Interpreting services

Audiological services

Case Management Services

Advocacy

Speakers Bureau

Sign Language Classes

Assistive devices for the deaf (sales & rental)

Sliding fee scale for audiological testing

Information on deafness and hearing loss

Workshops

Walk-in referral and telephone interpreting

English instruction

Newsletters

DEPARTMENT OF VETERANS AFFAIRS MEDICAL CENTER

TARGET POPULATION: Female/Male Veterans.

ADDRESS: 1700 South Lincoln Avenue, Lebanon, PA 17042

PHONE: (717)272-6621 or (800)409-8771

HOURS: 24 hours, 7 days a week **FEES:** Depends on priority group

SERVICES

The VA Medical Center is a 24/7 facility providing medical, surgical, psychiatric and rehabilitative services to veterans in South Central Pennsylvania. A team of qualified healthcare professionals provides quality, compassionate care on both an inpatient and outpatient basis. The facility also houses a Nursing Home Care Unit.

Health services offered at the Lebanon VAMC include (but are not limited to): ambulatory surgery, general surgery, cardiology, dermatology, endocrinology, gastroenterology, neurology, infectious disease, pulmonary, optometry, urology, podiatry, psychiatry, and geropsychiatry, dental care, substance abuse treatment, and a variety of social, psychological and rehabilitative services. In addition, the medical center takes pride in its affiliation with the Pennsylvania State University College of Medicine at Hershey. This venture promotes a more in depth aspect of medical treatment for our veteran population.

The Lebanon VAMC offers a continuum of care for eligible veterans. After maximum inpatient benefit is achieved, veterans are provided with appropriate follow-up care- be it outpatient, nursing home or residential home care. These services are provided either by the VAMC or through healthcare providers located within a veteran's local community.

The Lebanon VAMC emphasizes veteran outreach and access to care. Community Based Outpatient Clinics (CBOC) offering primary care are located at Camp Hill, Reading, Pottsville, York, and Lancaster. Eligible veterans interested in scheduling an appointment should call (717)272-6621. A Vet Center located at 1500 N 2nd Street, Suite 2, Harrisburg, PA 17102, provides readjustment counseling for combat veterans. Interested veterans should call (717)782-3954 for more information.

HEALTH CARE FOR HOMELESS VETERANS – The Department of Veterans Affairs program targets veterans who are homeless – in shelters/missions/outdoors or are imminently homeless. Imminently homeless veterans live with others – no lease or mortgage of their own – or are staying in single room occupancy facilities or in substandard housing. If your client states she or he is a veteran, please contact the Homeless Program Secretary at (717)272-6621, extension 4554.

Through our program, veterans gain access to psychosocial and medical treatment. Vocational rehabilitation, substance abuse treatment, rehabilitative medicine, and housing are some of the available features of our psychosocial and medical treatment protocols.

Veterans interested in determining their eligibility or in learning more about the variety of health services provided by the Lebanon VA Medical Center – should contact the Health Benefits Advisor at (717)228-6000.

OPPORTUNITIES FOR VOLUNTEERS

Administrative Area Clinical Area

Many opportunities exist for those interested in volunteering at this medical center. Some 400 regularly scheduled volunteers donate their time, and abilities to the center. Numerous veteran service organizations, civic groups and community members, together with our staff, work together to provide veterans with the care they deserve. Additionally, Voluntary Service has developed a college scholarship, which is available to youth volunteers.

Phone Voluntary Service at (717)272-6621 Ext. 6030.

DEVELOPMENTAL AND DISABILITY SERVICES OF LEBANON VALLEY

TARGET POPULATION: Individuals of all ages with disabilities and their families. Serves children birth to five years, with developmental delays, and adults with disabilities seeking employment.

ADDRESS: 1126 Walnut Street, Lebanon, PA 17042

PHONE: (717)274-3493 **FAX:** (717)274-1304

HOURS: 8:00 a.m. – 4:00 p.m., Monday – Friday

FEES: None

WEB SITE: www.ddslebanon.org

SERVICES

INDIVIDUALS WITH DISABILITIES

- JOB COACHING PROGRAM offers services to adults with disabilities seeking employment in the community, including placement, training and long term follow along, to assure job success.
- PENNSYLVANIA ELKS HOME SERVICE PROGRAM provides a registered nurse who
 offers a variety of social case work services to individuals with disabilities and their
 families. This includes assistance contacting other agencies, independent living needs,
 and counseling on financial & medical insurance issues.

CHILDREN WITH DEVELOPMENTAL DELAYS

• Early Intervention Services are offered to children birth to five years with developmental delays. Referrals for service for children birth to three years are received from Lebanon County MH/ID/EI; for children three to five years, referrals are received from Lancaster-Lebanon IU13. Children are evaluated by a team of professionals including speech, physical and occupational therapists as well as an Early Intervention Specialist. Children determined eligible for services are placed in either the Early Developmental Program, which is home-based and serves children birth to three years, or they are placed in the Preschool Program for children three years of age through age five. An Individual Family Service Plan (IFSP) or Individual Education Plan (IEP) is developed with the child's parents to address the child's needs.

NURSERY SCHOOL PROGRAM

• Program for children ages 3 to 5 years of ALL abilities. Fee for service program currently \$10.00 per day for two or four mornings or afternoons per week.

OPPORTUNITIES FOR VOLUNTEERS

Teacher's Aide, office work, fundraising, gardening and landscaping

DISABLED AMERICAN VETERANS

TARGET POPULATION: Any and all PA residents who have honorably served in any branch of the U.S. Armed Forces, especially those who have disabilities as a result of that service. The spouses and children of the same who are entitled to VA medical care but are unable to get to the care facility.

ADDRESS: DAV REP, Veterans Administration Medical Center, Building 17-123A, Lebanon,

PA 17042

PHONE: (717)272-6621, ext. 4596

AFTER HOURS PHONE: Same, answering machine

FEES: None

STATE DIRECTOR: D.A.V. State Commander (elected annually) (717)761-4060

SERVICES

The primary duty of HSC is:

TRANSPORTATION ASSISTANCE for Vets who cannot get to treatment any other way. The DAV Transport Network is not a means to save bus fare or enable a family member to avoid taking time off work. DAV Volunteers, in their own cars on their own time, drive vets to VA medical appointments. All DAV volunteer drivers have their own lives to live so transport requests must be made as early as possible.

Other services of HSC are:

BENEFITS ASSISTANCE: HSC translates VA benefits to vets into simple, clear English so vets can understand what the law entitles them to. If a vet is entitled to something he/she is not getting the HSC will write up a claim, document it and forward it to DAV National Service Officers (NSO) who will carry it through the VA bureaucracy for the veteran. No appointment is necessary but it helps if the vet brings his discharge papers and any other military papers he/she has to the HSC's office.

IN HOSPITAL SERVICE: To hospitalized vets including: explaining hospital rules, writing official letters (volunteers do family letters), help the vet contact hospital library, canteen, etc. and visit vets on their wards if requested.

OPPORTUNITIES FOR VOLUNTEERS Driving vets to and from treatment in their own cars Driving VA vehicles (after being licensed by the VA)

Pushing wheelchairs

Helping with recreational activities

DOMESTIC VIOLENCE INTERVENTION OF LEBANON COUNTY

TARGET POPULATION: Victims of domestic violence and their children in Lebanon County.

ADDRESS: P.O. Box 42, Lebanon, PA 17042

PHONE: (717)273-7190

EMAIL: execdir@dviolc.org **HOURS**: 24 hours, 7 days a week **FEES:** All services are FREE

SERVICES

Domestic Violence Intervention provides services to victims of domestic violence and their children in Lebanon County. Services include: 24 hour hotline referral and counseling, emergency shelter and transportation, individual counseling, children's counseling and advocacy, legal advocacy, accompaniment assistance in obtaining a protection from abuse order (PFA) and public education.

SUPPORT GROUP

DVI also provides a support group for battered women. The support group is free and confidential. For more information call 273-7190. See the Support Group Directory.

OPPORTUNITIES FOR VOLUNTEERS

Volunteers provide direct services to victims and children, transportation, clerical work and public education. Some positions require a 40-hour training which is held twice a year for interested persons.

EPHRATA AREA REHABILITATION SERVICES

TARGET POPULATION: Adults with developmental disabilities.

ADDRESS: 1301 Lehman Street, Lebanon, PA 17046

PHONE: (717) 272-3209

FAX: (717)675-2581

HOURS: 9:00 a.m. – 3:00 p.m., Monday – Friday

SERVICES

The Ephrata Area Rehabilitation Services is a training facility for I.D. adults. This program focuses on pre-vocational tasks and social skills. Also, E.A.R.S. provides a WORK ACTIVITY CENTER / W.A.C. that prepares the person to work in the community at a competitive job site. Ages of clients are 21 years and older.

FOOD PANTRIES

JOY FOOD PANTRY

ADDRESS: 48 West Market Street, P.O. Box 121, Jonestown, PA 17038

PHONE: (717)269-6186

EMAIL: joypantry@gmail.com

Assisting residents of the Northern Lebanon School District with groceries. The pantry is open the second and fourth Thursday of each month (5:30 pm - 7 pm) and the following Friday (12:30 pm - 2 pm). Proof of residency and ID is required.

LEBANON COUNTY CHRISTIAN MINISTRIES

ADDRESS: 250 South Seventh Street, Lebanon, PA 17042

PHONE: (717)274-2601

Government giveaway is one Wednesday each month. The "Free Zone" is also available, no appointment necessary – there are rules and regulations associated with the Free Zone. Free Noon Meals at various locations in Lebanon.

PALMYRA AREA COOPERATING CHURCHES

Caring Cupboard

ADDRESS: 131 North Railroad Street, Palmyra, PA 17078

PHONE: (717)838-9493

SALVATION ARMY

ADDRESS: 1031 Guilford Street, Lebanon, PA 17046

PHONE: (717)273-2655

Second Harvest food distribution.

4-H PROGRAM

TARGET POPULATION: Ages 5-18, living in city, town or country. Adults serve as volunteer leaders.

ADDRESS: Penn State Extension, 2120 Comwall Road, Suite 1, Lebanon, PA 17042-9777

PHONE: (717)270-4391

AFTER HOURS PHONE: None

WEB SITE: Extension.psu.edu/4-h/counties/Lebanon

EMAIL: Lebanonext@psu.edu

FEES: \$20.00 per member/year. Scholarships available.

SERVICES

In 4-H clubs, youth learn-by-doing through 4-H projects. They learn from adult volunteers. Also 4-H members organize social activities, community service and recognition. 4-H can involve kids no matter where they live. Youth may enroll in the following projects: foods, clothing, gardening, careers, photography, pets, large animals, leadership and many more.

OPPORTUNITIES FOR VOLUNTEERS

Project Leader Organization Leader Activity Leader Board Member

Training is provided for all volunteers. Adults must complete a screening process prior to becoming a 4-H volunteer leader.

FEMALE OFFENDER RE-ENTRY PROGRAM OF LEBANON COUNTY F.O.R.E.

TARGET POPULATION: Females in or being released from a correctional institution,

primarily Lebanon County Correctional Facility (LCCF).

ADDRESS: 503 Oak Street, Lebanon, PA 17042

PHONE: (717)273-9328

HOURS OF OPERATION: 8:30 a.m. – 4:30 p.m., Monday – Friday

FEES: None

MISSION STATEMENT

The mission of F.O.R.E. is to provide advocacy, education, and support for formerly incarcerated females and their families. Through personal empowerment and accountability F.O.R.E. will promote a successful transition for female offenders into the community.

SERVICES

F.O.R.E. provides direct services including counseling, support and information and referrals for female offenders. F.O.R.E. may also offer financial assistance to females leaving incarceration to approved transitional housing. It also offers co-dependency classes to all females in the county. (This has a fee of \$5.00 a class and runs for eight weeks.) F.O.R.E. is also working on starting an employment group to help people with criminal records to obtain employment and starting a group on co-dependency in the prison. F.O.R.E. also collects items needed by women in jail such as soap, shampoo, etc.

GIRL SCOUTS IN THE HEART OF PENNSYLVANIA

TARGET POPULATION: Grades K-12

ADDRESS: 350 Hale Avenue, Harrisburg, PA 17104

PHONE: (800) 692-7816

EMAIL: customercare@gshpa.org

HOURS: 8:30AM-5:00PM Monday – Friday

FEES: Annual Membership Fee of \$25

SERVICES

Girl Scouts in the Heart of Pennsylvania is committed to helping girls discover their potential, connect with others from diverse backgrounds and experiences, and take action to make their community better. Through the Girl Scout Leadership Experience girls in grades K-12 develop courage, confidence and character which helps them make the world a better place.

OPPORTUNITIES FOR VOLUNTEERS

Troop Leader

Troop Co-Leader

Troop Assistant

Cookie Liaison

Recruitment Team

GOODWILL INDUSTRIES OF CENTRAL PA, INC.

TARGET POPULATION: Persons with disabilities and other special needs.

ADDRESS: 798 South 12th Street, Lebanon, PA 17042

PHONE: (717)272-7557

HOURS: 9:00 a.m. – 9:00 p.m., Monday – Saturday, Sunday 12 noon – 5:00 p.m.

FEES: Varies with services provided

SERVICES

Vocational Evaluation

Job Training & Placement Detoxification Program

Adult Day Care for Severely Disabled

OPPORTUNITIES FOR VOLUNTEERS

Numerous – call for details

HABITAT FOR HUMANITY LEBANON COUNTY

ADDRESS: 443 Fairview Avenue, Lancaster, PA 17603

PHONE: (717)392-8836 EMAIL: info@llhfh.org HOURS: Call for appt.

SERVICES

Habitat for Humanity is a non-profit ecumenical organization that works in partnership with the community, volunteers, and future homeowners to provide simple, decent, affordable housing for low-income families in need of more adequate shelter. Selected families agree to contribute "sweat equity" hours (250 for single head of household, 400 for 2-head of household) and in turn Habitat sells the home to the homeowner with a low interest 20 to 25 year mortgage.

OPPORTUNITIES FOR VOLUNTEERS

Volunteers are needed at the worksites, in the office and on committees.

HALCYON ACTIVITY CENTER, INC.

TARGET POPULATION: Membership of the Halcyon Activity Center is open to persons who are 18 years or older, reside in Lebanon County, diagnosed as having mental illness or a mental illness and developmental or cognitive disorder, and authorized for services by the Lebanon County MH-ID-EI Program. Persons who do not meet these criteria and wish to be considered for membership should contact the Halcyon office.

ADDRESS: 728 Walnut Street, Lebanon, PA 17042

PHONE:(717)272-3291

EMAIL: mail@halcyonpsr.org

HOURS: Monday 9:00 – 7:00, Tuesday, Wednesday, Thursday 9:00 – 4:30, Friday 9:00 – 7:00,

Saturday 10:00 - 5:00, Closed Sunday

FEE: There is neither a fee for membership in Halcyon Activity Center nor for most groups and activities that take place in the drop-In Center. For activities that take place at community venues, members are expected to pay their own expenses.

MISSION STATEMENT

Established in 1966, Halcyon Activity Center is dedicated to holistic recovery that encourages empowerment and hope to enrich the lives of its participants so they may attain mental, physical, spiritual, social and emotional well-being as they take charge of their lives and trust in themselves through the support of their peers and community

SERVICES

Halcyon's psychosocial rehabilitation program provides recreational opportunities for a person to become a participant in the community of their choice, enjoying the activities that most of us take for granted, using natural support systems with the least amount of assistance from human services professionals. To this end Halcyon provides the following menu of services:

<u>Drop-In Center</u>: This is an unstructured service that allows members to engage in activities that focus on social interaction through informal conversations and participation in activities of their own choosing.

<u>Daytime Groups and Activities:</u> These voluntary structured groups and activities include discussion groups on many topics, including budgeting, cooking, healthy living, positive relationships, personal safety and computer skills. A variety of recreational activities such as karaoke, music appreciation, Wii bowling and budget shopping are interspersed throughout the week. A schedule of program activities is posted in the Activity Center and mailed to members every month.

<u>Evening Enrichment/Recreational Groups and Activities:</u> Members select from a wide variety of enrichment, skill building and recreational activities scheduled, on average, 7-9 evenings per

month. A schedule of evening activities is posted in the Activity Center and mailed to members every month.

<u>Individual and Peer Support Groups:</u> Staff members are available on a one-to-one basis to discuss any issues that arise within the program. In these discussions emphasis is placed on the individual member's responsibility for taking the initiative in resolving difficulties or conflicts within the guidelines of Halcyon's "Principles of Positive Peer Support and Code of Conduct." Members are encouraged to share hope and reality of their own recovery with others in the community.

HISPANIC OUTREACH

TARGET POPULATION: Latino.

ADDRESS: 1012 Brock Drive, Lebanon, PA 17046

PHONE: (717)273-8901

HOURS: 8:30 – 4:30 Monday – Friday

SERVICES

Hispanic Outreach is a community agency that advocates for the Hispanic population. Hispanic Outreach works with local schools, hospitals, police departments, city and county government, state agencies & emergency management agencies, among others, to improve the Latino community.

HUMANE SOCIETY OF LEBANON COUNTY

TARGET POPULATION: Lebanon County.

ADDRESS: 150 Ramona Road, Myerstown, PA 17067

PHONE: (717)628-1369

HOURS: Closed Monday; 10:00 a.m. – 4:30 pm, Tuesday - Sunday

FEES: Select townships pay for strays that are brought into the shelter, while some townships require individuals to pay. For information on contracted townships, please call the shelter. All individuals must pay to surrender their pets. Cost to surrender is \$25 for one animal, and \$50 for

litters.

WEBSITE: www.lebanonhumane.org

SERVICES

"The object of the society shall be to provide effective means for the prevention of cruelty of animals; to enforce all laws designed for their protection and to secure in a lawful manner the arrest, conviction and punishment of all persons violating such laws. The society through dissemination of literature and employment of other methods, shall undertake to instruct the people to be kind and considerate in their treatment of animals."

- May 15, 1939 -

We receive stray animals from every and all municipalities within Lebanon County, as well as those surrendered by individual residents of the county who cannot or will not take proper care of their pets.

We provide shelter, food, and medical treatment for homeless creatures, and do all we can to ensure their placement into new and good homes.

We keep accurate and current records of all surrenders and adoptions, and report them to the Pennsylvania Dog Enforcement Bureau.

We hold all animals in "Bite Cases" for the police until they are determined to be safe or otherwise.

We provide emergency services for stray animals and arrange for medical care and treatment when indicated.

We have people qualified to speak to your organizations. We can develop specific programs for your specific needs. Our speakers can bring with them films, pets, information, literature, etc. We provide guided tours of the shelter facilities and grounds.

OPPORTUNITIES FOR VOLUNTEERS

Our volunteers are essential to our organization, and we could not perform our mission without them. Volunteer opportunities include anything and everything from dog walking, to cat socializing, to general ground maintenance, and help at fundraising events and other Humane Society functions.

JUBILEE MINISTRIES

TARGET POPULATION: Prison inmates, ex-offenders and their families, homeless families.

ADDRESS: 235 South 12th Street, Lebanon, PA 17042

PHONE: (717)274-7528 EMAIL: jubilee@jub.org

OFFICE HOURS: 8:30 am - 4 pm

STORE HOURS: Currently: Mon & Wed, 9 am – 5 pm; Tues, Thurs, Fri, 9 am – 8 pm; Sat 9

am - 4 pm

*Effective June 2, 2018: Mon – Sat, 9 am – 8 pm

SERVICES

Jubilæ Ministries is all about Life Change. We "Rebuild, Restore and Renew" lives that are broken and caught in cycles of addiction, incarceration or homelessness. We minister to men and women inside prisons, we minister to the families of those in prison, we minister to men released from prison, and we minister to homeless families. We share God's love and the wonderful message of hope found in Jesus Christ!

OPPORTUNITIES TO GET INVOLVED

Pray

Contribute financially

Provide transportation

Be a cashier

Teach a class

Sort, size, tag clothing

Sponsor a child for camp

Shop in the stores

Assist Aftercare staff

Clean appliances

Drive the delivery truck

Repair and refinish furniture

Assist on loading dock

Be a Golf Tournament sponsor

KIDNEY FOUNDATION OF CENTRAL PA

TARGET POPULATION: Renal failure and kidney dialysis and transplant patients.

ADDRESS: 1500 Paxton Street, Suite 101, Harrisburg, PA 17104

PHONE: (717)652-8123 or (800)762-6202

FAX: (717)671-9444

AFTER HOURS PHONE: Answering machine **HOURS:** 9:00 a.m. – 5:00 p.m., Monday – Friday

WEB SITE: www.kfcp.org

FEES: None SERVICES

The Kidney Foundation of Central PA provides public and professional education on kidney disease. There is discounted medical alert jewelry available for all dialysis and transplant patients. Our nationally recognized Patient and Family Partner Program trains and certifies volunteers, who have experienced kidney failure themselves or who have been part of the support team for those with kidney failure, to serve as Certified Partners (mentors) and provide support to patients and caregivers.

OPPORTUNITIES FOR VOLUNTEERS

Office Help

Fund Raising

Special Events

Health Fairs

Many others with a variety of needs

PHONE: (717)652-8123

KIWANIS CLUB OF LEBANON

TARGET POPULATION: Professional & Business people and other good citizens 18 and over.

ADDRESS: P.O. Box 394, Lebanon, PA 17042

PHONE: (717)769-2963

DUES/MEALS: \$110.00 per quarter

MEETINGS: Thursday 12:00 p.m. – 1:30 p.m., Hebron Banquet Hall, 701 E Walnut Street,

Lebanon, PA **SERVICES**

The Kiwanis Club provides scholarships, supports underprivileged children and participates in community projects. YOUNG CHILDREN PRIORITY ONE is Kiwanis' major emphasis program, which addresses the needs of children – prenatal through age five.

LANCASTER-LEBANON INTERMEDIATE UNIT 13

TARGET POPULATION: Exceptional Children.

ADDRESS: One Cumberland Street, Lebanon, PA 17042

PHONE: (717)450-1500

HOURS: Office 7:30 p.m. – 4:30 p.m., Monday - Friday

FEES: None SERVICES

Lancaster-Lebanon Intermediate Unit 13 (IU 13) strives to improve student learning by providing both direct educational services and educational support services for Lancaster and Lebanon counties' 22 school districts, as well as for adult education students, nonpublic schools, and preschoolers and their families.

OPPORTUNITIES FOR VOLUNTEERS

Assist teachers in classrooms

LEBANON ADULT EDUCATION CENTER

TARGET POPULATION: Adults 16 and over (not enrolled in public school) seeking to further their education.

ADDRESS: One Cumberland Street, Lebanon, PA 17042

PHONE: (717)450-1525

AFTER HOURS PHONE: (717)450-1525 (answering machine)

HOURS: 8:00 a.m. – 4:30 p.m., Monday – Friday (Some evening classes available)

FEES: None SERVICES

The Lebanon IU13 Community Education Center provides free training programs for adults interested in improving reading, writing and math skills as preparation for the high school equivalency exams (HiSet and GED), higher education and employment. English as second language classes are also available at the beginning to advanced levels for adults with limited English skills. New students can register for orientation sessions online. The IU13 also operates a Family Literacy program in cooperation with the Lebanon County Head Start Program and the Lebanon School District. The program allows parents of young children to pursue educational goals, acquire parenting skills and participate in early childhood education activities with their children.

OPPORTUNITIES FOR VOLUNTEERS

Classroom Aides: English as a second language

Classroom Aides: Adult basic education/GED preparation

Volunteer Tutors – Working with adult learners with teacher's guidance

Phone: (717)450-1500

LEBANON COUNTY ASSISTANCE OFFICE

TARGET POPULATION: Low income persons needing cash, SNAP, medical, energy assistance and home care.

ADDRESS: 625 South 8th Street, Lebanon, PA 17042

PHONE: (717)270-3600, (800)229-3926, (717)273-1641 – Energy Assistance services **AFTER HOURS PHONE:** For Energy Assistance Only (717)273-1641 Leave Message

HOURS: 8:00 a.m. – 5:00 p.m. Monday – Friday

FEES: Co-payment for medical*

The Lebanon County Assistance Office, Bureau of Income Maintenance, Department of Public Welfare of the Commonwealth of Pennsylvania, located at 625 S. 8th Street, Lebanon, PA will provide services and referrals to our applicants for and recipients of the programs administered by this agency without regard to race, color, religious creed, ancestry, sex, disability, age or national origin.

SERVICES

The Lebanon County Assistance Office offers SNAP, cash assistance, medical assistance, SSI advocacy (helping people apply for benefits at the Social Security Office) and fuel assistance. For emergency fuel assistance November through March please call (717)273-1641. Nursing home care payments. Employment programs are available through Lebanon CareerLink.

^{*}Medical Assistance has a co-payment for some services.

LEBANON COUNTY ASSOCIATION OF REALTORS

TARGET POPULATION: All of Lebanon County, State of Pennsylvania.

ADDRESS: 989 Quentin Rd # 1, Lebanon, PA 17042

PHONE: (717)272-6126

HOURS: 9:00 a.m. – 4:00 p.m.

FEES: member dues vary

OBJECTIVES OF THE ASSOCIATION ARE:

To unite those engaged in the recognized branches of the real estate profession in the community for the purpose of exerting a beneficial influence upon the profession and related interest. To promote and maintain high standard of CONDUCT in the real estate profession as expressed in the Code of the National Association of Realtors. To provide a unified medium for real estate owners and those engaged in the real estate profession whereby their interest may be safeguarded and advanced. To further the interest of home & other real property ownership. To unite those engaged in the real estate profession in this community with the PENNSYLVANIA ASSOCIATION OF REALTORS, and the NATIONAL ASSOCIATION OF REALTORS, thereby furthering their own objectives throughout the state and nation, & obtaining the benefits & privileges of membership therein. To designate, for the benefit of the public, those individuals within its jurisdiction authorized to use the term REALTORS as licensed, prescribed and controlled by the NATIONAL ASSOCIATION OF REALTORS.

SERVICES

The Lebanon Association of Realtors is to unite those engaged in the recognized branches of the real estate profession in this community for the purpose of exerting a beneficial influence upon the profession and related interests. It also promotes and maintains high standard of conduct in the real estate profession as expressed in the Code of Ethics of the National Association of Realtors. An application for membership shall be made available to anyone requesting it. More information is available by contacting the above.

LEBANON COUNTY CAREER AND TECHNOLOGY CENTER

TARGET POPULATION: Adults and secondary students of Lebanon County.

ADDRESS: 833 Metro Drive, Lebanon, PA 17042

PHONE: (717)273-8551

HOURS: 8:00 a.m. – 4:00 p.m., Monday – Friday during the school year

FEES: Varies SERVICES

The school provides career and technical training for secondary and post secondary students of Lebanon County. Daytime programs in Communications, Construction, Manufacturing, Personal Services, Technical Service and Transportation Occupations available to both secondary students and adults. Evening adult program for personal development or technical skills is also available. Fees for secondary students are covered by their school district and adult fees vary according to course selection. For specific information call (717)273-8551. Local Advisory Committee meetings are held twice a year or as needed. Financial aid available for full time adult students.

OPPORTUNITIES FOR VOLUNTEERS

All areas of school

LEBANON COUNTY CHILDREN AND YOUTH SERVICES

TARGET POPULATION: Children 0 to 18 years of age.

ADDRESS: Room 401, Municipal Building, 400 South 8th Street, Lebanon, PA 17042

PHONE: (717)228-4430

FAX: (717)228-4465

AFTER HOURS PHONE: (717)272-2054 for on-call worker

HOURS: 8:30 a.m. – 5:00 p.m., Monday – Friday

FEES: None SERVICES

Lebanon County Children and Youth Services provides for the protection of all children up to the age of 18 years. Services offered include child abuse protection, specialized and regular foster care, adoption services, group home care, institutional placement, emergency shelter care, group and individual counseling/therapy.

LEBANON COUNTY CHRISTIAN MINISTRIES

TARGET POPULATION: Anyone in need.

ADDRESS: 250 South 7th Street, Lebanon, PA 17042 **MAILING ADDRESS:** P.O. Box 654, Lebanon, PA 17042

PHONE:(717)272-4400

WEB: lccm.us

AFTER HOURS PHONE: (717)274-3363 (Crisis Intervention) **OFFICE HOURS:** 8:30 a.m. – 4:30 p.m., Monday – Friday

FEES: All services are provided free of charge

Government Surplus: Offered the first 4 Wednesdays of the month. 9:00am-1:00pm. Not held

on a 5th Wednesday.

NOON MEALS served at various locations.

FRESH START: 30 day emergency family shelter

SERVICES

Lebanon County Christian Ministries serves anyone with an emergency need. Services include food, clothing, prescriptions, limited utilities, heating & shelter. Persons in need may be served through LCCM or by a referring human service agency or local pastor.

The noon meal schedule may be found on our web site, or obtained through various agencies and churches.

LEBANON COUNTY COMMISSION ON DRUG AND ALCOHOL ABUSE

TARGET POPULATION: The agency administers funds and programs for residents and

organizations of Lebanon County.

ADDRESS: 220 East Lehman Street, Lebanon, PA 17046

PHONE: (717)274-0427

AFTER HOURS PHONE: (717)274-3363 (Crisis Intervention) **OFFICE HOURS:** 8:00 a.m. – 4:30 p.m. Monday – Friday

FEES: Sliding Scale

SERVICES

The Commission offers drug and alcohol prevention, intervention, and treatment services to the Lebanon County community.

SUPPORT GROUPS

AA

NA

AL-ANON

Families Joined (Heroin Support Group)

LEBANON COUNTY COMMUNITY ACTION PARTNERSHIP

TARGET POPULATION: Lebanon County. **ADDRESS:** 503 Oak Street, Lebanon, PA 17042

PHONE: (717) 273-9328

FAX: (717)675-2129

HOURS: 8:30 a.m. – 4:30 p.m., Monday – Friday

FEES: None

E-MAIL: CAP@lebcnty.org

SERVICES

Lebanon County Community Action Partnership is a Community Action Program as designated by the Governor of Pennsylvania in 1991. Community Action Agencies are the lead agencies in anti-poverty planning for the Commonwealth and are authorized through Act 116. The goal of Community Action is to move people from poverty to self-sufficiency.

MEDICAL ASSISTANCE TRANSPORTATION PROGRAM (MATP)

Anyone who uses the Access Card and needs help with transportation for medical appointments is encouraged to apply for the Medical Assistance Transportation Program (MATP). MATP provides transportation to doctors, dentists, pharmacies, psychologists, drug and alcohol treatment clinics, mental health outpatient clinics and medical equipment suppliers that accept the Access Card.

TRANSPORTATION and CHILD CARE PROGRAM (TACC)

If you have started a job in the last 90 days, you may be eligible for help with child care costs and/or transportation costs, such as a bus pass or help with car repairs. Eligibility for the TACC program depends on income.

HOUSING ASSISTANCE PROGRAM

Help with rent or temporary shelter may be available for people who are facing eviction or who are homeless or near homeless. Income eligibility may apply.

BRIDGE HOUSE and PERMANENT AFFORDABLE HOUSING

Bridge and Permanent Affordable Housing allows families who are homeless to move into supportive living arrangements while preparing to live independently. Families must meet certain eligibility criteria and go through an application process which includes an interview. Intensive case management services are provided.

WORK READY

Eligibility for Work Ready is determined by the County Assistance Office (CAO) and referrals may only be accepted from the CAO. Interested individuals are encouraged to ask their CAO caseworkers about Work Ready.

FAMILY SHELTER HOUSES

CAP manages several Family Shelter Houses. Homeless families with children are housed temporarily while receiving intensive case management services and assistance in planning for permanent housing. In order to be considered, families must meet certain eligibility criteria and agree to case management services.

OPPORTUNITIES FOR VOLUNTEERS

Various opportunities to volunteer exist. Call (717)273-9328 for details.

CAP is funded in part by DHS and DCED.

LEBANON COUNTY CONSERVATION DISTRICT

ADDRESS: 2120 Cornwall Road, suite 5, Lebanon, PA 17042

PHONE: (717)277-5275 **WEB:** www.lccd.org

HOURS: 7:30 a.m. – 4:00 p.m.

SERVICES

The function of Lebanon County Conservation District is to assist local land users in the conservation of soil, water, and related resources. Program participation is determined and policy set by a volunteer board of nine directors. Programs include, but are not limited to, the following:

- · National Pollutant Discharge Elimination System
- · Dirt, Gravel & Low Volume Roads Maintenance
- · Environmental Education & Envirothon
- · Farmland Preservation
- · Nutrient Management & Manure Management Plans
- · Chesapeake Bay Program
- · Watershed Specialist Program

LEBANON COUNTY DOMESTIC RELATIONS

TARGET POPULATION: Divorced or separated individuals and parents of children born out of wedlock.

ADDRESS: Room 202, Municipal Building, 400 S 8th Street, Lebanon PA 17042

PHONE: (717)228-4480

HOURS: 8:30 a.m. – 4:30 p.m. Monday – Friday FEES: None

SERVICES

The Domestic Relation office deals with many problems of broken marriage, estranged spouses, children born out of wedlock, separated families, indigent parents and children committed to the custody of the Department of Children and Youth Services. It is mainly concerned with financial problems arising from these circumstances and is responsible for the establishment and enforcement of support orders to financially aid those involved. The Domestic Relations office acts as the Court's agent in these matters.

LEBANON COUNTY EMERGENCY MANAGEMENT AGENCY

TARGET POPULATION: Individuals in an emergency.

ADDRESS: Room 12, Municipal Bldg. 400 South 8th Street, Lebanon PA 17042

PHONE: (717) 272-7621, Emergency: 911

HOURS: 24 hours a day

FEES: None SERVICES

The Lebanon County Emergency Management Agency (EMA) is the headquarters of the 911 Communications Center that dispatches all county police, fire and ambulance units. EMA coordinates field operational disaster response and recovery. TTY/TTD for hearing impaired residents of the community is located in the EMA 911 Communications Center for emergency situations.

OPPORTUNITIES FOR VOLUNTEERS

Local Coordinators:

Stream Watch Group

Amateur Radio (RACES)

Emergency Operations Center Staff

National Weather Service Storm Spotters

Lebanon County EMA Hazardous Material Response Team

LEBANON COUNTY HEADSTART PROGRAM

TARGET POPULATION: Low income families, children 3-4 years old.

OFFICE ADDRESS: One Cumberland Street, Lebanon PA 17042

PHONE: (717)450-1512

HOURS: 8:00 a.m. – 4:00 p.m., Monday – Friday

FEES: None SERVICES

Lebanon County Head Start Program is an educational program for pre-school children of low income families. There are many components to Lebanon County Head Start -education, health, nutrition, social services, and parent involvement. A learning environment is provided to help children develop socially, physically, emotionally and mentally in a way that encourages the child to feel good about him/herself and about the learning process. Head Start is a family oriented program and offers services to the entire family.

OPPORTUNITIES FOR VOLUNTEERS

Helping with field trips

Special art or classroom activities

Support groups are offered to families in the program.

CLASSROOM LOCATIONS

Annville/Palmyra School Districts:

Lingle Avenue Elementary School (3- and 4-year olds)

Cornwall-Lebanon School District:

Union Canal Elementary School (3- and 4-year olds) South Lebanon Elementary School (3- and 4-year olds)

Eastern Lebanon County School District:

Fort Zeller Elementary School (3- and 4-year olds)

Lebanon School District:

Lancaster-Lebanon IU 13 One Cumberland (3-year-olds) Northwest Elementary School (3-year-olds)

Lebanon School District K4 Classrooms (4-year-olds)

Northern Lebanon School District:

Jonestown Elementary School Modular (3- and 4-year olds)

Please call (717)450-1512 for a current list of classroom locations.

LEBANON COUNTY HOUSING AND REDEVELOPMENT AUTHORITY

TARGET POPULATION: Low to moderate income individuals.

ADDRESS: 303 Chestnut Street, Lebanon, PA 17042

PHONE: (717)274-1401

AFTER HOURS PHONE: None

HOURS: 8:30 a.m. – 4:30 p.m., Monday – Friday

FEES: None SERVICES

The Housing and Redevelopment Authority provides general assistance and government subsidized housing to eligible participants. The Housing Authority offers 606 affordable units of rental housing for families, senior citizens and persons with disabilities; they also administer the Section 8 rent subsidy program. Application for all rental programs is accepted at Stevens Towers, 10th and Willow Streets, Lebanon; additional information is available by calling the rental office at (717)273-1639. The Redevelopment Authority provides home ownership financial assistance, housing rehabilitation and development, real estate acquisition as well as renewal, redevelopment and related relocations. Housing rehabilitation and homebuyer assistance is provided at 39 North 12th Street, Lebanon – (717)273-9326.

LEBANON COUNTY HOUSING AUTHORITY SOCIAL SERVICES

ADDRESS: 1012 Brock Drive, Lebanon, PA 17042

PHONE: (717)273-1639

SERVICES

Provides housing services for tenants of Housing Authority owned and managed properties, including counseling, life skills education, after-school program and summer recreation program.

LEBANON COUNTY LIBRARY SYSTEM

TARGET POPULATION: All residents of Lebanon County

ADDRESS: 125 N. 7th Street, Lebanon, PA 17046

PHONE: (717)273-7624
EMAIL: hawk@lclibs.org
WEB SITE: www.lclibs.org
HOURS: Vary with each library

FEES: None SERVICES:

The six public libraries in Lebanon County serve the informational and educational needs of Lebanon County residents. Residents may borrow books, audiobooks, movies, magazines, music, and educational materials at no cost. The libraries share their collections and provide interlibrary delivery service. Ebooks and e-audiobooks are available through the eLibrary, and various other resources are available through the libraries' websites. Each library has public computers with internet access and wifi, also at no cost. The libraries offer programs on various topics including storytimes for children and infants, the Summer Learning Program, after-school activities, book clubs, and technology classes.

ANNVILLE FREE LIBRARY

216 E. Main St. Annville, PA 17003 (717)867-1802 <u>www.annville.lclibs.org</u>

LEBANON COMMUNITY LIBRARY 125 N. 7th Street, Lebanon, PA 17046 (717)273-7624 www.lebanon.lclibs.org

MATTHEWS PUBLIC LIBRARY 102 W. Main Street, Fredericksburg (717)865-5523 www.matthews.lclibs.org

MYERSTOWN COMMUNITY LIBRARY 199 N. College Street, Myerstown (717)866-2800 www.myerstown.lclibs.org

PALMYRA PUBLIC LIBRARY 50 Landings Drive, Suite B, Annville, PA 17003 (717)838-1347 www.palmyra.lclibs.org

RICHLAND COMMUNITY LIBRARY 111 E. Main Street, Richland, PA (717)866-4939 www.richland.lclibs.org

OPPORTUNITIES FOR VOLUNTEERS

Contact each library for available opportunities.

LEBANON COUNTY MEDIATION SERVICES

TARGET POPULATION: Help people resolve conflicts peacefully.

ADDRESS: 120 North 8th Street, Lebanon PA 17046

PHONE: (717)277-0111

EMAIL: mediation@jub.org

FEES: No charge

SERVICES

Lebanon County Mediation Service is a local, non-profit program using professionally trained, volunteer mediators. Disputing parties come together in a neutral setting to work through their problems and find an agreement acceptable to both.

MEDIATION CAN SOLVE PROBLEMS

With a neighbor

With a neighbor's children

With local business

With a landlord or tenant

With a city, borough or township

With persons at work

LEBANON COUNTY MENTAL HEALTH/INTELLECTUAL DISABILITIES/ EARLY INTERVENTION PROGRAM

TARGET POPULATION: Lebanon County residents diagnosed with mental illnesses, intellectual disabilities or developmental disabilities.

ADDRESS: 220 East Lehman Street, Lebanon PA 17046

PHONE: (717)274-3415 **FAX:** (717)274-0317

HOURS: 8:00 a.m. – 4:30 p.m. Monday – Friday

AFTER HOURS PHONE: (717)274-3415 (Crisis Intervention)

FEES: Sliding fee scale

SERVICES

The Lebanon County MH/ID/EI Program provides services to Lebanon County residents who have certain mental health diagnoses, a diagnosis of intellectual disability, or to children from birth up to the age of three who have a developmental delay or are at risk for a developmental delay. Through case management, MH/ID/EI provides intake, assessment, and coordination of the following services: outpatient psychotherapy, psychiatric and psychological evaluation, medication monitoring, vocational and social rehabilitation, short-term inpatient, partial hospitalization, early intervention services (birth to three years) and 24-hour emergency services. Consultation and education services are available upon request.

The Early Intervention Program provides services to children from birth to age three living in Lebanon County who have a developmental delay or are at risk for a developmental delay. Therapeutic and support services are provided to eligible children and their families based on the individual needs of the child and family as determined by a team assessment. Services such as special instruction, speech therapy, physical therapy, occupational therapy, or other family-centered- services will teach families how to support and encourage their child's development in order for the child to develop skills to their full potential. Services are provided in a natural environment such as the home or a day care setting.

Services are

- A) Based on availability of funding
- B) Non-discriminating
- C) Confidential

Lebanon County MH/ID/EI operates under the authority of the Lebanon County Commissioners.

LEBANON COUNTY PROBATION SERVICES

TARGET POPULATION: Children between the ages of 10 – 17 years inclusive who are

alleged to have committed delinquent acts.

ADDRESS: 508 Oak Street, Lebanon, PA 17042

PHONE: (717)273-1557 **FAX:** (717)273-5516

AFTER HOURS PHONE: 272-2054 (Emergency On-Call Services)

HOURS: 8:30 a.m. – 4:30 p.m., Monday – Friday

SERVICES

The Juvenile Probation Department provides counseling and supervision to our target population. Parents and/or guardians are included in our efforts to rehabilitate the child's delinquent behavior patterns. When appropriate we work in conjunction with other existing local public and private agencies for Mental Health, Drug and Alcohol, Children and Youth and special issues requiring private or family counseling.

LEBANON COUNTY VICTIM/WITNESS PROGRAM

TARGET POPULATION: Victims of the Criminal Justice System.

ADDRESS: Room 402, Municipal Bldg., 400 S 8th Street, Lebanon PA 17042

PHONE: (717)228-4412

EMAIL: district attorney@lebcnty.org

HOURS: 8:30 a.m. – 4:30 p.m. Monday – Friday

FEES: None SERVICES

The Victim/Witness Program provides assistance for the victims and witnesses throughout the entire process of the Criminal Justice System. Some of those services are: case status and notification of court proceedings, criminal justice orientation, court accompaniment, victim input program, filing of restitution, and Crime Victim's Compensation claims, case disposition, intimidation protection assistance, notification of release from incarceration, property return, and referral to other agencies for ongoing or long term support and treatment.

LEBANON COUNTY YOUTH ADVOCATE PROGRAMS, INC.

TARGET POPULATION: Youth referred to the program by the Juvenile Court, Children and

Youth Services & MH/MR/EI.

ADDRESS: 1691 Grace Avenue, Lebanon, PA 17046

PHONE: (717)228-0935 **FAX:** (717)228-0939

OFFICE HOURS: 8:30 a.m. – 4:30 p.m. (24 hours on call for crisis)

FEES: Contractual services through C&Y and Juvenile Probation; Behavioral Health funded

through Health Choices (Medical Assistance); Contractual Services through MR

SERVICES

• Programs for pre and post adjudicated children and youth

- Aftercare programs for individual returning from placement
- Services for dependent children and youth and their families
- School based programs/in school alternative to suspension and expulsions Independent living and life skills
- Behavioral Health Rehabilitation Services (BHRS), behavioral specialist, mobile therapy and therapeutic staff support
- Specializing in services for children diagnosed within the Autism Spectrum Disorders Zip code recruitment of staff
- "No Reject, No Eject" policy
- Individualized service planning, focusing on strengths not deficits
- Strictly community based services
- Occupational/vocational rehabilitation services

LEBANON FAMILY HEALTH SERVICES, INC.

TARGET POPULATION: Women, Teens, and Families. **ADDRESS:** 615 Cumberland Street, Lebanon, PA 17042

PHONE: (717)273-6741

HOURS: 8:00 a.m. - 5:00 p.m. Monday – Friday (Evening hours by appointment only)

FEES: Vary with service provided. Some services free of charge

SERVICES

Lebanon Family Health Services, Inc. is a non-profit health care agency which provides gynecological examinations (including breast exams and pap smears), contraceptive services, S.T.D. testing and treatment, pregnancy testing and counseling, and prenatal services. Additional services include adolescent sexuality education programs, postponing sexual involvement series, parenting programs and a variety of workshops for social service agencies, local organizations and interested community members. Medical assistance and some insurance are accepted. Fees are determined on a sliding fee scale and based on patient income.

A teen clinic is provided one day a month to males and females ages 13-19. It is a walk-in clinic with no appointment necessary. Services are free to female teens 17 and under, including gynecological examinations with additional services as listed above.

Comprehensive prenatal services are provided in coordination with the Good Samaritan Family Practice Center. Also provided are prepared childbirth classes and prenatal education classes.

A Medical Awareness Program is provided for women aged 50 years and older in cooperation with the Area Agency on Aging. Gynecological examinations (including hemoglobin, breast exams, pap smears and urine testing) are provided. Any women age 50 and older can utilize this service, with fees assessed according to income. The service is free to women over 60 regardless of income

Women Infants and Children (W.I.C.) is a free food subsidization program for pregnant women, nursing mothers and children under 5 years of age. W.I.C. provides coupons for foods, such as milk, cheese, eggs, peanut butter, juice, cereals and formulas. W.I.C. also provides nutritional counseling and offers referrals to other human services and medical services. You must meet income guidelines to participate. Donna Williams, WIC Program (717)273-6940.

OPPORTUNITIES FOR VOLUNTEERS

Clerical, Medical Assistant, Interpreters, Public Relations/Fundraising

LEBANON FREE CLINIC

A ministry of the Lebanon Rescue Mission

TARGET POPULATION: Lebanon County residents who do not have access to public or

private health insurance.

ADDRESS: 135 S. 9th Street, Lebanon, PA 17042

MAILING ADDRESS: P.O. Box 5, Lebanon, PA 17042

PHONE: (717)273-2715 **AFTER HOURS:** Same

HOURS: 9:00 a.m. – 3:00 p.m., Monday – Thursday

FEES: None

PATIENT REGISTRATION: By appointment only – this is NOT a walk-in clinic

SERVICES

The Lebanon Free Clinic provides acute and primary health care to all those that financially qualify and do not have access to public or private health insurance.

ALL PATIENTS MUST CALL TO SCHEDULE A REGISTRATION APPOINTMENT. ONCE THE REGISTRATION PROCESS HAS BEEN COMPLETED, THE PATIENT WILL BE SCHEDULED FOR THE FIRST AVAILABLE CLINIC APPOINTMENT.

OPPORTUNITIES FOR VOLUNTEERS

Call (717)273-2715

LEBANON PREGNANCY SERVICES Susquehanna Valley Pregnancy Services

TARGET POPULATION: Women, men and teens unprepared for pregnancy

ADDRESS: 132 South 8th Street, Lebanon, PA 17042

PHONE: (717)274-9246 (office), (717)274-0600 (client line)

HOURS: 9:00 a.m. – 4:00 p.m., Monday – Thursday; 6:30 p.m. – 8:30 p.m., Tuesday –

Thursday; hours vary on Friday **WEB SITE:** www.svps.org **EMAIL:** lebanon@svps.org

FEES: All services are free and confidential.

SERVICES

We provide free self-administered pregnancy tests, limited first-trimester ultrasounds, pregnancy options education, convenient referrals, prenatal & parenting education, and material assistance.

OPPORTUNITIES FOR VOLUNTEERS

Client services volunteers must complete an in-house training and attend regular meetings.

Minimum hours per week: 3

CLIENT SERVICES

Client Advocacy, Receptionist, Babysitter, Baby Boutique Coordination

ADMINISTRATIVE

Office work, participation in special events

LEBANON RESCUE MISSION

TARGET POPULATION: Lebanon and surrounding areas. **ADDRESS:** 1223 Bittner Boulevard, Lebanon, PA 17046

PHONE: (717)273-2301

AFTER HOURS PHONE: Same

HOURS: 6:00 a.m. – 9:00 p.m. Transient Intake: 4:00 p.m.

24 Hour Emergency Services

FEES: None SERVICES

The Rescue Mission provides shelter and nourishment for homeless men, community meals for all those in need and Christ-centered life recovery programs for those struggling with challenges associated with drugs, alcohol and chronic unemployment. With court approval or recommendation, LRM can also be a home plan for a Lebanon County parolee.

OPPORTUNITIES FOR VOLUNTEERS

Call (717)273-2301

LEBANON RIDGE ORAL HEALTH

TARGET POPULATION: Comprehensive, affordable, quality dental care for all ages.

ADDRESS: 101 South Ninth Street, Lebanon, PA 17042

PHONE: (717)450-7015

HOURS: Monday & Tuesday, 8:00 am – 5:30 pm, Wednesday & Thursday, 8:00 am –

8:00 pm, Friday, 8:00 am – 5:00 pm

FEES: Lebanon Ridge is not a free clinic. We accept all patients regardless of insurance or financial status. We are a federally supported health care program, which allows us to offer services through a sliding-fee discount to all income eligible uninsured or underinsured patients based on family size and annual household income. For those who truly cannot afford a fee, the center will not charge for services.

LEBANON STATE HEALTH CENTER

TARGET POPULATION: Area Residents.

ADDRESS: 9 North 9th Street, Lebanon, PA 17042

PHONE: (717)272-2044

HOURS: 8:00 a.m. – 4:30 p.m. Monday – Friday

FEES: We serve uninsured and underinsured populations

SERVICES

The State Health Center offers the following services:

IMMUNIZATION CLINIC: We provide routine and additional vaccines for infants and pre-school children (Dtap, Polio, HIB, Prevnar, Rotateq, Hepatitis A and B, Measles, Mumps, German Measles and chicken pox). Pre-adolescents and adolescents are eligible for MCV (meningitis) Tdap, and HPV vaccinations. Td, Tdap and selected vaccines are available for adults and immigrants. Influenza vaccine is available for all age groups. All visits are by appointment only.

TUBERCULOSIS CLINIC: Diagnostic study, treatment and contact follow-up (No fee)

HYPERTENSION SCREENINGS: Screen and referral for hypertension (No fee)

HIV CLINIC: Scheduled appointments only for HIV testing and counseling. The free appointments are anonymous and confidential and include bloodwork, pre- and post-test counseling. Call for an appointment.

HOME VISITING: Registered nurses provide home visits as requested by a physician or other community agency for health education and counseling. Visits are also made to families with children who have elevated lead levels. (No fee)

COMMUNICABLE DISEASES: Registered nurses follow-up on all reportable communicable diseases. (No fee)

LEBANON TRANSIT

TARGET POPULATION: Lebanon County.

ADDRESS: 200 Willow Street, Lebanon, PA, 17046

PHONE: (717)274-3664, Lebanon Paratransit (717)274-3514

HOURS: 8:00 a.m. – 4:00 p.m.

FAX: (717)274-8860 Main Office (717)274-5703 Shared Ride

AFTER HOURS PHONE: (717)273-1460

SERVICES
Fixed Route

Where: Lebanon, Annville, Palmyra, Hershey and Harrisburg

Fixed Route Operating: Monday thru Friday -- 6:00 a.m. - 5:30 p.m., Saturday 8:00 a.m. - 5:00

p.m.

Late Night Fixed Route Operating: Monday thru Saturday –3:15 p.m. – 11:36 p.m.

Late Night Fixed Route City Loop: Monday thru Saturday – 9:16 p.m. – 9:57 p.m.

Fares: City Fare - \$1.50, County Fare - \$2.00, Student Fare \$1.00 (M-F Aug 15-June 15),

Transfers \$.25

Shared Ride

Where: Throughout Lebanon County

Shared Ride service Monday thru Friday;

City 8:00 a.m. - 5:00 p.m.

County 8:00 a.m. - 3:30 p.m.

Shared Ride service Saturday;

City 8:00 a.m. - 4:00 p.m.

No County service on Saturday

Anyone age 65 or older may ride Shared Ride after registration for a \$2.50 charge each way.

Persons under 65 years of age may ride for a fee;

0-5 Miles \$19.00

5-10 Miles \$22.00

10 + miles \$ 26.00

Persons with Disabilities if registered in either ADA or PwD program;

ADA \$3.00 up to \$4.50 one way

PwD \$3.00 or \$4.00 one way

LEBANON TREATMENT CENTER

TARGET POPULATION: Individuals who are opiate dependent.

ADDRESS: 3030 Chestnut Street, Lebanon, PA 17042

PHONE: (717)273-8000 **FAX:** (717)273-8244

HOURS: 5:00 a.m. – 1:30 p.m.

FEES: Please call for current fees; patients can be referred for funding assistance.

SERVICES

Lebanon Treatment Center is a methadone maintenance program that serves individuals who suffer from opiate dependency. Admission criteria include 18 years of age, a year of opiate dependency, and previous opiate treatment attempts. Admission requires a positive opiate drug screen, the ability to pay for treatment, and the willingness to comply with daily dosing, counseling, and treatment planning. Methadone maintenance is a long term outpatient program (average 18 months), requiring compliance with methadone regulations by both state and federal organizations, and medication regimen.

Lebanon Treatment Center offers referral, family support, and community presentations. An individual can walk in or call for an assessment for treatment any time during program hours. Lebanon Treatment Center offers Spanish language services. Methadone Anonymous is offered as a support to patients.

Educational material is available regarding methadone maintenance treatment.

LEBANON VALLEY CHAMBER OF COMMERCE

TARGET POPULATION: Business community.

ADDRESS: 604 Cumberland Street, Lebanon, PA 17042-5272

PHONE: (717)273-3727

FAX: (717)273-7940

HOURS: 8:00 a.m. – 5:00 p.m., Monday – Thursday 8:00 a.m. – 4:00 p.m., Friday

E-MAIL: info@LVChamber.org **WEB SITE:** www.LVChamber.org

FEES: Annual dues/fees for seminars, publications

SERVICES

The Chamber of Commerce business leadership organization promotes business growth and development and a strong quality of life in the Lebanon Valley. It provides promotion and marketing services for its members, group benefits programs, legislative representation and professional development opportunities. The Chamber of Commerce sponsors educational programs, sends "Relocation Packets" to persons moving to the area, compiles publications, handles general inquiries from the public and maintains a comprehensive internet site – www.LVChamber.org – that provides residents and non- residents with a variety of information about our community.

OPPORTUNITIES FOR VOLUNTEERS

Volunteers are generally sought from member businesses and organizations.

LEBANON VALLEY FAMILY YMCA

TARGET POPULATION: All ages.

ADDRESS: A.L. Hanford Center, 201 N 7th Street, Lebanon, PA 17046-5098

PHONE: (717)273-2691

HOURS: 4:30 a.m. – 9:30 p.m. Monday – Friday

6:00 a.m. - 6:00 p.m. Saturday

8:00 a.m. – 5:00 p.m. Sunday: September through June (Hours are for A.L. Hanford Center)

FEES: Varies, Membership available (Financial assistance available)

OTHER LOCATIONS:

YMCA AT THE VA – Building #24 1700 S. Lincoln Ave., Lebanon, PA 17042

SERVICES

The YMCA is a family oriented charitable community service organization. The Y is known for a variety of health and physical education opportunities serving all ages with nationally recognized programs led by certified staff. The YMCA also provides childcare, aquatics, after-school care, enrichment programs, youth and teen activities, and numerous camps.

OPPORTUNITIES FOR VOLUNTEERS

Program Assistants

Policy Making Volunteers

Fundraising & Development

Volunteer Coordinator Phone: (717)273-2691

THE LEUKEMIA & LYMPHOMA SOCIETY

TARGET POPULATION: Patients with Leukemia, Hodgkin's Disease, Lymphoma or Myeloma and their families.

Counties include: Adams, Bradford, Cumberland, Dauphin, Franklin, Juniata, Lancaster, Lebanon, Lycoming, Montour, Northumberland, Perry, Snyder, Sullivan, Tioga, Union, and York.

ADDRESS: 101 Erford Rd, Suite 201, Camp Hill, PA 17011

PHONE: (717)652-6520, (800)822-CURE

HOURS: 9:00 a.m. – 5:00 p.m. Monday – Friday

WEBSITE: www.leukemia-lymphoma.org

SERVICES

The Leukemia & Lymphoma Society provides programs for patients and family members affected by blood cancers. Programs include First Connection, Patient Education Programs, Family Support Groups, Patient Financial Aid, an Advocacy Network, School Re-entry, and Information and Referral Network

OPPORTUNITIES FOR VOLUNTEERS

Board of Trustees

Help with special events

Clerical

Health Fairs

Speakers Bureau

Volunteer Coordinator Phone: (717)652-6520 or (800)822-CURE

SUPPORT GROUPS

Family Support Group at Hershey Medical Center

contact (717)652-6520

Family Support Group at Lancaster contact Chapter for more information First Connection (peer to peer support nationwide network)

LIONS SIGHT CONSERVATION COMMITTEE OF LEBANON COUNTY

TARGET POPULATION: All of Lebanon County, excluding Palmyra **ADDRESS:** Lebanon Lions Club, P. O. Box 17, Lebanon, PA 17042

PHONE: (717)867-4300, voice mail available 24 hours

FEE: None if approved

SERVICES

The Lions Sight Conservation Committee of Lebanon County provides eye examinations and purchase of glasses if needed upon approval of Lions Clubs after investigation. This does not include hospitalization costs or surgical fees. The organization lends some basic medical equipment upon request.

LITERACY COUNCIL OF LANCASTER - LEBANON

TARGET POPULATION: Adults over the age of 17 who need to improve skills in reading,

writing, language (speaking English) and math.

ADDRESS: 756 Cumberland St # 4, Lebanon, PA 17042

PHONE: (717)274-3461

HOURS: Monday 9:00 a.m. – 7:30 p.m. Tuesday 9:00 a.m. – 7:30 p.m.

Wednesday 9:00 a.m. – 7:30 p.m. Thursday 9:00 a.m. – 7:30 p.m.

Friday 9:00 a.m. – 12:00 p.m.

(after 12:00 p.m. Friday by appointment)

FEES: None SERVICES

Volunteer tutors are trained, matched with an adult student and given materials and guidance. Their task is to use what they have learned to teach an adult how to read, write, figure basic math, speak English (if English is a Second Language), basic computer skills and basic work search skills. Tutoring is done in a neutral setting and usually requires 3 hours a week for a year to note progress.

OPPORTUNITIES FOR VOLUNTEERS

Tutors

Workshop Trainers

Public Speakers

Board Members

Office Manager Phone: (717) 274-3461

LUTHERCARE

Luthercare was founded in 1949 – 66 years later we continue our commitment to provide valuable services and programs that meet the needs of the youngest to the oldest members of communities throughout Lancaster and Lebanon counties.

MISSION STATEMENT

"Luthercare reflects Christ's love through service to others", guides our work and vision. While based in the Lutheran tradition, our programs and services are accessible to all.

SERVICES

In Lebanon County, Luthercare provides the following programs and services:

<u>Retirement Communities</u> – Spang Crest, 945 Duke Street, Lebanon – (717)274-1495

Luthercare operates three retirement communities – Spang Crest in Lebanon County, Luther Acres and St. John's Herr Estate in Lancaster County. These communities offer quality living programs and continuing care for seniors. Spang Crest provides a range of services including personal and skilled care, memory support and rehabilitation.

Luthercare for Kids Early Learning Centers

Emma C. Bergner Early Learning Center, 40 South King Street, Annville (717)867-4660 St. James Early Learning Center, 130 Walton Street, Lebanon – (717)272-4778 Luthercare operates five early learning centers (two in Lebanon County) dedicated to providing the best in child and family-centered programs. All Luthercare for Kids programs follow the standards established by the Keystone Stars Child Care Quality Initiative and the National Association for the Education of Young Children.

Luthercare for Kids Mentoring Program for Home-Based Child Care Providers (717)626-1171

The mentoring program offers individualized training and networking opportunities to home-based child care providers in Lebanon and Lancaster counties. Mentors providers on implementing materials that promote literacy and school readiness, nutrition programs, small business development and credentialing.

Child Care Information Services (CCIS) 730 Locust Street, Lebanon – (717)274-2233

Luthercare is designated by the PA Department of Public Welfare (DPW), to be the CCIS program administrator in Lebanon County. The program provides information on local child care facilities and community resources; it provides application assistance for families seeking child care funding subsidies. CCIS is accessible to any parent or caregiver by phone and in person.

MENTAL HEALTH ASSOCIATION IN LEBANON COUNTY

TARGET POPULATION: Lebanon County.

ADDRESS: 335 South 8th Street, Lebanon, PA 17042

PHONE: (717)273-5781 **FAX:** (717) 273-6908

AFTER HOURS PHONE: Answering Machine **HOURS:** 8:30 a.m. – 4:00 p.m. Monday – Friday

FEES: None - Donations accepted **WEBSITE:** www.mhaleb.org

SERVICES

The Mental Health Association of Lebanon County is working for the prevention of mental and emotional illness and for adequate care and treatment for those suffering from these illnesses. We distribute information, make referrals, assist county groups in planning mental health programs, conduct an extensive education program, and act as an advocate for the mentally ill. The association offers mental health programs for community groups i.e. churches, schools, civic groups, etc. We have set up a mental health library of films, brochures, and books. We also pilot mental health projects, make mental health referrals, and assist in assessing the gaps in legislative rulings that affect mental health issues.

SUPPORT GROUPS

Survivors of Suicide Support Group (2nd & 4th Thursday of the month at Philhaven) Mental Health Support Group (1st & 3rd Tuesday of the month 10:30 - 12, 6:30 - 8)

MID PENN LEGAL SERVICES

TARGET POPULATION: Low income individuals and victims of domestic violence in

Lebanon County.

ADDRESS: 513 Chestnut Street, Lebanon, PA 17042

PHONE: (717)274-2834 **FAX:** (717)274-0379

HOURS: 8:30 a.m. – 4:30 p.m., Monday – Friday

FEES: None SERVICES

MidPenn Legal Services provides free representation to low-income individuals in civil matters only. This representation includes landlord/tenant matters, housing problems, protection from abuse, unemployment compensation, welfare problems (including public assistance, medical assistance, and food stamps), social security matters, custody, visitation, divorce and debtor advice. Legal services provide representation in abuse cases without regard to income.

OPPORTUNITIES FOR VOLUNTEERS

Filing

Photocopying

Answering Telephones

Volunteer Coordinator Telephone: (717)274-2834

MUSCULAR DYSTROPHY ASSOCIATION

TARGET POPULATION: We cover neuromuscular diseases.

ADDRESS: 2080 Linglestown Road, Suite #104, Harrisburg, PA 17110

PHONE: (717)540-4316

HOURS: 9:00 a.m. – 5:00 p.m., Monday – Friday

FEES: None SERVICES

The Muscular Dystrophy Association provides diagnostic and follow up care through MDA supported clinics, research, and specialized health education dealing with both the disease disorder and the long-term health problems involved with muscular dystrophy.

SUPPORT GROUPS

Mixed support group for individuals with neuromuscular diseases and their families meets: 1st Sunday of each month at the Milton S. Hershey Medical Center, 30 Hope Drive, B entrance, suite 1300.

NATIONAL MULTIPLE SCLEROSIS SOCIETY SOUTHEAST BRANCH

TARGET POPULATION: Persons with Multiple Sclerosis and their families in Lebanon,

Lancaster, and York Counties.

ADDRESS: 2000 Linglestown Rd # 201, Harrisburg, PA 17110

PHONE: (717)652-2108

FEES: None SERVICES

The Multiple Sclerosis Society provides a variety of services, which includes information, referral, counseling, and equipment. We also have several support groups, and telephone Peer Support programs, to help promote social and staff support. We help sponsor the MS clinic at the Hershey Medical Center and provide various educational programs, such as employment, and symptom management programs for persons who are newly diagnosed.

OPPORTUNITIES FOR VOLUNTEERS

Assist in fundraising Social activities involving person with MS Assist in Chapter Office

NEW PERSPECTIVES OF WHITE DEER RUN

TARGET POPULATION: Individuals suffering from substance abuse problems.

ADDRESS: 3030 Chestnut St., Lebanon, PA 17042

PHONE: (717)454-2486

WEB SITE: wdr-lebanon.crchealth.com **HOURS:** 24 hours a day, 7 days a week

FEES: Vary. Most insurance types accepted. FREE initial consultations

SERVICES

New Perspectives provides inpatient and outpatient treatment services to residents, both male and female, with substance abuse problems. These services include inpatient detoxification and rehabilitation, intensive outpatient program and outpatient counseling (group & individuals). The center also provides after care counseling and provides treatment services to DUI offenders.

OFFICE OF ATTORNEY GENERAL BUREAU OF CONSUMER PROTECTION

TARGET POPULATION: Pennsylvania Consumers.

ADDRESS: Strawberry Square, 15th Floor, Harrisburg, PA 17120 *

PHONE: (800)441-2555

WEB: www.attorneygeneral.gov

HOURS: 8:30 a.m. – 5:00 p.m., Monday – Friday

FEES: None

DIRECTOR: Sarah Frasch, Chief Deputy Attorney General

SERVICES

The Bureau of Consumer Protection, a civil law enforcement agency, mediates and investigates consumer complaints. We also educate the public and advise the legislature on matters of consumer concern. Legal action is taken when warranted.

*Regional Offices – Erie, Scranton, Pittsburgh, Philadelphia, Harrisburg, Allentown, & Ebensberg

HEALTH CARE SECTION ADDRESS: 14th Floor – Strawberry Square

Harrisburg, Pa. 17120 (717)705-6938

PHONE: (877)888-4877

HOURS: Monday – Friday, 10:00 a.m. - 3:00 p.m.

Unit is part of the Bureau of Consumer Protection. Mediates complaints regarding Health Care

Providers and Health Care Insurance Companies

OFFICE OF VOCATIONAL REHABILITATION

TARGET POPULATION: OVR assists individuals with disabilities to obtain, maintain or

regain employment.

ADDRESS: 555 Walnut Street, 8th Floor, Harrisburg, PA 17101-1928

PHONE: (717)787-7834, (800)442-6352

TTY: (717)787-4013

HOURS: 8:00 a.m. – 4:30 p.m., Monday – Friday

FEES: None for diagnostics, Financial needs test for others

SERVICES

The Office of Vocational Rehabilitation (OVR) serves people with disabilities that present a substantial impediment to their employment. Services are provided to individuals who can benefit from and who need assistance to prepare for, enter. Engage in or regain employment. Services may include: diagnosis, counseling and guidance, restoration, training and placement.

THE PA CAREERLINK Lebanon County

TARGET POPULATION: All areas regarding employment.

ADDRESS: 243 Schneider Drive, Lebanon, PA 17046

PHONE: (717)274-2554

HOURS: 8:00 a.m. – 4:30 p.m. Monday – Friday

FEES: None SERVICES

The PA Area CareerLink of Lebanon County provides referral and placement services to all individuals requesting assistance. Services include job search workshops, interviewing skills workshops, counseling, Veterans Services and information on various cost cutting programs for employers when hiring new employees.

We also have Partner Agencies on site:

- IU-13, offering education assistance and Job Training incentives for employers to employ young students.
- Literacy Council, offering GED, Work Ready and English as a Second Language Services.
- (OVR), Office of Vocational Rehabilitation, testing and assistance to individuals with
- physical limitations in job searching.
- Office of Unemployment Compensation phone and computer access.
- Workforce development services under Title I of the Workforce Innovation and Opportunities Act as well as assistance to welfare clients through the EARN program
- Job Counselors and CareerLink Specialists to assist job seekers with Job Gateway Registration (a UC requirement).
- Business Services Representative, linking employers with job seekers.
- Job Corps, a federally funded training program for qualifying individuals which will train in various career fields. They interview prospective individuals on the 2nd Tuesday of each month at the PA CareerLink, Lebanon County Office. All can be accessed through the above phone number.

PA TOURETTE SYNDROME ALLIANCE, INC.

TARGET POPULATION: Individuals with Tourette Syndrome, families, schools and

communities.

ADDRESS: P.O. Box 148, McSherrystown, PA 17344

PHONE: (717)337-1134, (800)990-3300

FEES: N/A

AFTER HOURS: (717) 337-1134 (Answering service available 24/7)

HOURS: 8:00 a.m. – 4:00 p.m., Monday – Friday

WEBSITE: www.patsainc.org

EMAIL: sherrie@patsainc.org or info@patsainc.org

SERVICES

The PA Tourette Syndrome Alliance, Inc. (PA-TSA) is a non-profit agency, created to serve the needs of PA citizens with Tourette Syndrome. PA-TSA, Inc. provides information, referral, training and disability advocacy services to those with Tourette Syndrome, their family members, schools and communities. Other services include volunteer run local support groups, biannual newsletter, yearly family TS camp and retreats.

OPPORTUNITIES FOR VOLUNTEERS

Fundraising

Volunteer Consultants

Speakers Bureau

Youth Advocate Program (YAP)

Newsletters

Board and Committee Members

Special Event Volunteers

TS Family Camp & Retreat Volunteers

Awareness/Information Booth Volunteers

PENN STATE EXTENSION / LEBANON COUNTY

TARGET POPULATION: Youth/Adults.

ADDRESS: 2120 Cornwall Road, Suite 1, Lebanon PA 17042

PHONE: (717)270-4391

FEES: Minimal fees to cover costs of delivery only **HOURS:** 8:30 a.m. - 4:30 p.m. Monday - Friday

SERVICES

The Lebanon County-Penn State Extension office provides adult informal education on a group basis to families, agencies, local government and businesses. Professional staff includes: two agriculture agents who assist commercial farmers and producers with questions relating to plant and animal science and environmental preservation; one family living agent who is responsible for programs and service in the areas of healthy lifestyle, nutrition, food and safety issues, and many regional agents who are based in nearby counties provide information in water quality, poultry production, wine grape propagation and farm management. A 4-H Youth agent supervises a county- wide youth program (See Youth).

Also on staff are a horticultural program assistant, a West Nile Virus program assistant, and a Nutrition Education Advisor who provides nutrition and food safety education for USDA Food Stamp recipients. Volunteer Master Gardeners identify insects, diagnose tree and plant problems, and provide classes on consumer gardening. Many services are free; some are offered at the cost of delivery.

YOUTH 4-H PROGRAM: Boys and girls ages 8-19

ADULT INFORMAL EDUCATION

Any citizen of Lebanon County and surrounding areas. Subject matters covered include:

Nutrition education, weight management

Home and commercial food safety

Commercial agriculture – all types

Home horticulture, gardening

Child care provider training

Healthy lifestyle (diabetes/osteoporosis)

West Nile detection/prevention

Environmental concerns: land use, recycling, water

OPPORTUNITIES FOR VOLUNTEERS

Educational Program Advisory Board Member

Extension Board Director

4-H Club Project Leader

Organizational Leader

Activity Leader

Camp Chaperone

Event Chaperone

Resource Person/Speaker

Board Member

Volunteer Coordinator: (717)270-4391

MASTER GARDENERS

Master Gardeners, with training, become program presenters of: horticultural topics, cultivate community gardens, elementary school enrichment in plant science.

TARGET POPULATION: Blind and visually impaired persons.

ADDRESS: Lebanon Satellite Office: 2550 Hanford Dr., Lebanon, PA 17046

PHONE: (717)274-6711

AFTER HOURS: Answering Machine

HOURS: Generally 8:00 a.m. – 4:00 p.m., Monday – Friday

Call Central Office in HBG (717)234-3261 in the event of immediate need

FEES: None SERVICES

SOCIAL SERVICES:

For persons who are legally blind, the Association provides essential assistance to include: escorted transportation, aid with paperwork, shopping, banking and home chores; and individual and group instruction in skills of daily living. The Association also serves as a liaison in securing (for blind and visually impaired): talking book machines; specialized radio receivers for broadcast of local newspaper information; specialized training in travel skill, homemaking, personal management, etc. and other information aids required.

PREVENTION OF BLINDNESS:

Provide vision screening, on request, for pre-school children as part of kindergarten registration or nursery school enrollment. Sergeant Seymour Eye Safety Program, a quarterly newsletter for 4th grade and special education students, teaches eye health and safety. Vision screening (for acuity, symptoms of glaucoma and macular degeneration) is available on request for groups of adults, senior citizens, and area employers.

PUBLIC EDUCATION:

Customized programs on eye health, safety, problems of vision and blindness are offered, on request, to children, adults and senior citizen programs.

OPPORTUNITIES FOR VOLUNTEERS

Client Transportation and Escort

Escort Service

Home Chores - such as minor repairs, lawn mowing, leaf raking and snow shoveling Training provided by Agency

SUPPORT GROUP

The INSIGHT SUPPORT GROUP - Contact Melissa Brower See Support Directory

TARGET POPULATION: Anyone searching for an attorney.

ADDRESS:100 South Street, P.O. Box 186, Harrisburg, PA 17108

PHONE: (800)932-0311 PA only

HOURS: 8:00 a.m. – 4:30 p.m., Monday – Friday

FEES: Free over the phone referrals.

If prospective clients see an attorney, the attorney agrees to charge not more than \$30.00 initial

first half hour of the consultation (\$10 referral, and \$20 lawyer):

MEMBER SERVICES REPRESENTATIVE: Susan Rhea

SERVICES

The Pennsylvania Lawyer Referral Service matches clients with private attorneys by type of case and geographic location. Referrals are made by telephone only.

ADDRESS: 618 Cumberland Street, Lebanon PA 17042

NEW CLIENTS CALL: 1-855-272-1653

CLINIC PHONE: (717)274-2741

AFTER HOURS PHONE: (717)274-2741 Answering Service

HOURS OF OPERATION: Monday – Thursday 7:30 a.m. – 8:00 p.m.

Friday 8:00 a.m. – 4:00 p.m.

TARGET POPULATION

Renaissance Counseling Center is a group of caring professionals who offer a wide range of drug and alcohol, mental health, anger management, co-occurring disorders, family and couples psychotherapy.

These services are designed to encourage growth and healing both within one's self and one's relationships. We provide a confidential and nurturing climate where individuals, couples, and families can explore new and more adaptive ways of feeling, thinking and behaving. Encouraging emotional, spiritual, and mental health is the primary aim of our treatment programs.

Renaissance Counseling Center targets individuals and families who primarily live in Lebanon County. We offer services for adults, adolescents, children, couples and families. Treatment modalities available range from individuals, family or group therapy, depending on the clients particular therapeutic needs.

Since October of 1988, Renaissance Counseling Center provides outpatient drug and alcohol services for Lebanon County Commission of Drug and Alcohol Abuse, thereby increasing availability of services to those who need financial assistance. This funding includes services related to drug/alcohol abuse/addiction, codependency, adult children of addiction issues that currently interfere in one's life. In addition, as of May 1991, Renaissance Counseling Center is able to accept medical assistance reimbursement for any eligible patient who has been diagnosed as having a chemical dependency or abuse problem and is appropriate for outpatient therapy.

The Intensive Outpatient Program targets services to those individuals seeking drug and alcohol treatment who would benefit from more intensive therapy than outpatient services, but do not require inpatient care.

Careful screening at intake will be evaluated in the following areas to ensure a well defined target population for intensive outpatient:

- 1. Need for detoxification/withdrawal symptoms
- 2. Severity level and progression of addiction

- 3. Motivational level for sobriety
- 4. Emotional/Behavioral Stability
- 5. Relapse Potential
- 6. Available support systems
- 7. Ability to enter inpatient treatment
- 8. Prior treatment history

As a guideline, the PCPC or ASAM criteria for outpatient, intensive and inpatient services will be utilized in the assessment to appropriately determine the level of care for a patient.

FEES

Fees will vary depending on the services provided. It is our policy that payment is due at the time of the visit. We are happy to provide you with individual receipts, which may be submitted to your health insurance carrier for reimbursement. Most private insurance and HMOs reimburse a percentage or directly pay for services offered at Renaissance.

Renaissance is a provider for Medical Assistance and a number of private insurances for the treatment of alcohol/drug abuse/dependency. There is also funding available for qualified county residents through the Lebanon County Commission on Drug and Alcohol Abuse. Other funding contracts include services provided through Lebanon County Children and Youth Services, Lebanon County MH/ID/EI and Lebanon Valley College.

Please feel free to contact our office with questions you have regarding fees, insurance, and payments.

SERVICES

- Drug and Alcohol Intensive Outpatient Program
- Drug & alcohol evaluation/assessment
- Individual counseling and psychotherapy
- Group therapy
- Family educational group for substance abuse of a family member
- Employee/employer consultation
- Aftercare planning for client and family members
- Outpatient Treatment Services
- Individual, couple, marital and family counseling
- Individual counseling for drug and alcohol issues and dual diagnosis issues
- Mental health: depression, anxiety, adjustment stressors, sexual survivor issues, eating disorders
- Psychiatric Services

Group counseling for:

- Drug & alcohol addiction
- Drug & alcohol continuing care-adult
- Drug & alcohol continuing care- adolescent
- Codependency children of dysfunction adult
- Children of dysfunction parenting sexual offenders sexual addiction
- Spanish speaking drug and alcohol addiction group
- Non-offending parent group (sexual offense)

Outreach services:

- Drug and Alcohol Intervention Group Lebanon County Prison
- Individual Therapy for Students Lebanon Valley College
- Warrior Project for At-Risk Adolescents to Learn Life Skills

Job care:

• Employment Assistance Program

BHRS PROGRAM – Located at 350 N. 6th Ave, Lebanon PA 17042. Please call (717)274-9682 for more information.

Funded by Medical Assistance

Children & Adolescents through age 21 – intensive in-school/in-home treatment for behavioral problems/ADHD/Autism Spectrum Disorders

Family Focused as well as child centered treatment

FAMILY BASED SERVICES—Located at 350 N. 6th Ave, Lebanon PA 17042. Please call (717)274-9682 for more information.

- Funded by Medical Assistance
- Treatment focused for children/adolescents with high-risk behavioral problems which may result in out of home placement.
- Focusing on Family Intervention
- Conflict Resolution, problem solving, communication skills

RENAISSANCE COUNSELING CENTER

Intensive Outpatient Services for Drug and Alcohol Dependency

Intensive Outpatient at Renaissance is a licensed program designed to offer a treatment option for those suffering from alcohol or drug dependency. Intensive therapy is provided to individuals while they continue to live at home and maintain employment responsibilities. The individual attends addiction therapy three days per week, several hours each day, for a total of 18 sessions. The therapeutic components include educational intervention, family involvement, and individual therapy and group counseling. After completing the Intensive Program, the individual will "step-down" to a less intensive treatment group, typically meeting only once per week.

Outpatient Therapy

Drug and Alcohol Groups:

For individuals needing support and guidance in remaining abstinent from drugs and/or alcohol. A patient is appropriate for this group if he/she has some motivation to work a recovery program and displays a willingness to improve his/her insight into the signs and symptoms of the disease of chemical dependency. Each patient is educated to the physical, emotional and spiritual characteristics of the progression of his/her use. Emphasis is also placed on processing feeling from the addiction and those associated with early recovery. Abstinence and attendance at 12 step support groups is required. These groups last between 12-15 sessions.

Anger Management Group:

Individuals struggling with both substance use and anger management challenges may have their treatment needs met through a group that addresses both a history of interpersonal violence/anger behaviors and substance use concerns.

Individual Counseling for Dependency Issues:

Individual therapy is available for anyone who cannot commit to the group process or who has specific needs that are best addressed in a one-on-one session. Both daytime and evening sessions are available.

Food Addiction Treatment:

Individual sessions are available for anyone afflicted with an eating disorder including obesity tendencies, anorexia, and/or bulimia. Patients will be encouraged to learn about compulsive and impulsive eating while exploring relational difficulties associated with an eating disorder.

Family Therapy:

For couples/families seeking to address family conflict, utilizing family systems and brief therapy approaches. Sessions available upon request.

Mental Health Counseling for Adolescents and Children:

Psychological intervention for children and adolescents is provided for a variety of reasons, some of which include behavioral or conduct difficulties, anxiety, depression and adjustment disorders. Therapy with children and adolescents involves the family whenever possible. The focus of therapy varies with each case. Some of the interventions may include parent education with regard to discipline and limit setting, the identification and healthy expression of various feelings, social skills training and the involvement with appropriate peer groups within the community and teaching alternative coping and communication strategies. Sessions available upon request.

Psychotherapy for Adults:

Psychotherapy to confront mental health issues: including, depression, anxiety, grief, adjustment difficulties, and stress. Therapy geared toward providing resolution of problems, interpersonal insight, coping skills, and support. Individual sessions are available upon request.

Sexual Dysfunction:

Group therapy specifically designed for sexual offenders of children. Focus is on breaking denial through intervention and confrontation, education of relapse designs and symptoms, support for maintaining "safe" behaviors of abstinence from the dysfunction and insight oriented therapy into coping with shame, sexuality, social stigmas and early recovery.

Twelve Step Sexual Addiction Group:

Group therapy providing a 12 step approach to recovery for all forms of sexual addiction. Issues addressed include incorporating a 12 step recovery program, addressing relapse signs and symptoms, processing feelings related to the sexual dysfunction and working on healing childhood emotional scars.

SUPPORT GROUP

Families Joined – Support Group for Families Fighting the Disease of Addiction – Tuesday nights from 6:00 - 7:30, no registration required

PENNSYLVANIA HUMAN RELATIONS COMMISSION

TARGET POPULATION: The Commonwealth of Pennsylvania. **ADDRESS:** 333 Market Street, 8th floor, Harrisburg, PA 17101

FEES: None

PHONE: (717)787-9780

HOURS: 8:30 a.m. – 5:00 p.m.

SERVICES

The Human Relations Commission focuses on cases of discrimination. The Commission receives and investigates complaints of discrimination in the areas of employment, housing, commercial real estate, public accommodations, and education, when such discrimination occurs because of a person's race, color, religious creed, ancestry, age (40 and above) sex, national origin, non-job related disability, known association with a person with a disability, familial status, possession of a general education development certificate (GED) as compared to a high school diploma, or willingness or refusal to participate in abortion or sterilization.

OPPORTUNITIES FOR VOLUNTEERS

Clerical Support

WELLSPAN PHILHAVEN

TARGET POPULATION: All ages who need mental and behavioral healthcare services.

ADDRESS: 283 South Butler Road, P.O. Box 550, Mt. Gretna, PA 17064

Lebanon Campus: 204 Hathaway Park, Lebanon, PA 17042

PHONE: (717)273-8871 or (800)932-0359

HOURS: 8:00 a.m. – 4:30 p.m., 24 hour Inpatient Service

WEB SITE: www.wellspanphilhaven.org

EMAIL: info@philhaven.org

FEES: Varies with service, insurance accepted

SERVICES

Philhaven helps individuals of all ages facing a range of behavioral health issues, from persistent mental illness to dealing with difficult life events and relational challenges. The staff of over 1000 serves persons of all ages across a continuum of care, including hospitalization, residential and day programs, outpatient counseling and support delivered in the home, school and community. Services are available in multiple locations in Lebanon and surrounding counties.

OPPORTUNITIES FOR VOLUNTEERS

Patient Activities

Clerical

Tutors for children/adolescents

Housekeeping

Prayer Shawl donations

Quilters

Fundraising projects

After school activities assistants

Assisting chaplains

VOLUNTEER COORDINATOR PHONE: (717)675-2803

P.R.O.B.E.

TARGET POPULATION: Single parents, displaced homemakers, single pregnant women, and

individuals in transition in Lebanon County.

ADDRESS: 303 Chestnut Street, Suite 1, Lebanon, PA 17042

PHONE: (717)273-2090 EMAIL: info@probepa.org

HOURS: 9:00 a.m. – 5:00 p.m., Monday – Friday, Scheduled Evening Classes

AFTER HOURS PHONE: (717)273-2090, Recording

FEES: None (Sliding fee scale only if income guidelines are exceeded.)

SERVICES

PROBE is a career counseling, information and referral program for single parents, homemakers, and individuals in transition who are seeking employment. Services include individual counseling, interest testing, group counseling and job readiness classes. Clients may be male or female, but must meet single parent or homemaker eligibility criteria. Some limited tuition/training funds may be available.

The Financial Literacy Project provides residents of Lebanon County with practical money management counseling designed to help them establish a personal budget, organize their personal finances, increase their awareness of positive money management skills and habits, pay down debt and establish a positive credit history. Services include financial literacy workshops and one-on-one money management counseling.

OPPORTUNITIES FOR VOLUNTEERS

Contact Volunteer Coordinator, (717)273-2090

QUALITY EMPLOYMENT SERVICES AND TRAINING, INC. QUEST

TARGET POPULATION: Anyone over age 17 with disabilities.

ADDRESS: 704 Metro Drive, Lebanon, PA 17042

PHONE: (717)273-8118

FAX: 273-2580

EMAIL: vmorris@paquest.com

HOURS: 8:30 a.m. – 3:30 p.m. (Client Hours) 8:00 a.m. – 4:30 p.m. (Office Hours)

WEB SITE: www.PAQUEST.com

FEES: Varies with service. Eligible participants funded through third party sponsorship, such as

OVR and MH/MR

SERVICES

QUEST, INC. provides vocational rehabilitation services which include:

- 1. Vocational Evaluation a comprehensive assessment of the individual's vocational potential, strengths and needs
- 2. Personal and Work Adjustment Training structured activities designed to develop vocational skills toward the goal of competitive employment
- 3. Industrial Training activities designed to increase the vocational and personal functioning of the individual
- 4. Job Placement assist in obtaining and maintaining employment
- 5. Mobile Janitorial Work Program janitorial training and work experience at various community sites
- 6. Student Transition and Employment Program (STEP) providing vocational opportunities as part of the school-to-work initiative.
- 7. Adult Day Program Recreational, Social and Life Skills
- 8. Habilitation Services- one on one in community focusing on individual goals
- 9. Companion Services one on one in community providing support with activities and interests requested by the individual.

OPPORTUNITIES FOR VOLUNTEERS

Volunteer opportunities are available through participation in various fundraising activities.

RENOVA CENTER

SERVING POPULATION: Individuals with physical and intellectual disabilities

ADDRESS: 25 Metro Drive, Lebanon, PA 17042

PHONE: (717)274-0493 **FAX:** (717)274-2574 **HOURS:** 24 hours a day

PAYMENT: MA accepted, Private pay accepted

SERVICES

Renova Center is an Intermediate Care Residential Facility which provides a wide range of rehabilitation and medical services to individuals with intellectual disabilities, multiple handicaps and/or complex medical conditions.

OPPORTUNITIES FOR VOLUNTEERS

A variety of opportunities are available. Please contact the Volunteer Coordinator for more information.

Volunteer Coordinator Phone: (717)274-0493

RETIRED & SENIOR VOLUNTEER PROGRAM, RSVP OF THE CAPITAL REGION, INC.

TARGET POPULATION: 55 years of age or older. **ADDRESS:** 243 Schneider Drive, Lebanon, PA 17046

PHONE: (717)454-8647

EMAIL: lancleb@rsvpcapreg.org **WEB:** www.RSVPCapReg.org

SERVICES

The Retired & Senior Volunteer Program (RSVP), provides persons 55 years of age and older with meaningful volunteer opportunities that enable the mature adult to engage in direct community service. RSVP collaborates with community, civic and educational organizations in Lebanon County. RSVP volunteers receive liability insurance, transportation assistance, volunteer recognition events and social opportunities in exchange for their volunteer service. RSVP is a part of Senior Corps, along with Foster Grandparents and Senior Companions. Senior Corps is administered by the Corporation for National and Community Service, the federal agency that supports service and volunteering programs to improve lives, strengthen communities, and foster civic engagement.

RIVER OF HOPE Behavioral Health Therapy / Counseling

TARGET POPULATION: General population in need of service.

ADDRESS: 100 Forney Road, Lebanon, PA 17042

SATELLITE OFFICE: New Covenant Christian School, Lebanon, PA 17046

PHONE: (717)274-3950

EMAIL: info@riverofhope.org

WEBSITE: http://www.riverofhope.org **HOURS:** Counseling hours by appointment

FEES: Counseling fees on a sliding scale. See website for details.

SERVICES

River of Hope nurtures healthy relationships by providing hope and healing through preventative education and professional, Christ-centered therapy for all ages and life stages.

SALVATION ARMY

TARGET POPULATION: Any family or individual expressing a need for our services.

ADDRESS: 1031 Guilford Street, P.O. Box 1109, Lebanon, PA 17042

PHONE: (717)273-2655

HOURS: 9:00 a.m. – 12 Noon & 1:00 p.m. – 4:00 p.m., Monday - Friday

FEES: Nominal fee for camps and sports programs

MISSION STATEMENT

"The Salvation Army, an international movement, is an evangelical part of the universal Christian church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination."

SERVICES

The Lebanon Corps or church conducts regular Sunday School and Worship Services plus a wide range of human services available to anyone in the community.

We are able to provide limited assistance with mortgages in cases where the home is in danger of foreclosure. We are also able to provide limited assistance with utilities, medication and rent when ALL other sources are depleted. Clothing and furniture vouchers are given to families and individuals on a case by case basis and during emergencies. We have two seasonal programs. The Angel Tree program assists needy families with Christmas gifts for their children; registration for this program is the first full week of October. Coats for Kids are received in late December and are available to needy families throughout the month of January. Pre-registration for coats begins after Thanksgiving.

Second Harvest is a food distribution done twice a month from September through May for low income residents of Lebanon County. Applicants must pre-register for the program. CSFP food boxes are distributed to eligible seniors, age 60+, once a month. A bag of groceries is available every 90 days from our food pantry on a case by case basis. Christmas Day Dinner is provided to those who would otherwise be spending Christmas Day without a mean and/or alone.

Social Development programs are offered to youth ages 5-18. The After School Program, Summer Day Camp, Performing Arts Club, Moonbeams, Sunbeams, Girl Guards, Cub Scouts and Adventure Boys are available. There is also a Basketball Ministry for children ages 7-18.

The Hispanic Outreach Program provides information and referrals to individuals in the Latino community. The Hispanic Outreach Specialist also provides services in times of emergency or to agencies whose personnel are basically volunteers.

We also provide community workshops and training sessions to adults and teens.

OPPORTUNITIES FOR VOLUNTEERS

Receptionist
Janitorial Assistant
After School Program Tutors
Performing Arts Club Coach
Basketball Coach
Christmas Application Assistant
Kettle Worker

SENIOR CENTERS OF LEBANON VALLEY, INC.

TARGET POPULATION: Senior citizens of Lebanon County.

ADDRESS: 710 Maple Street, Lebanon, PA 17046

PHONE: (717)274-3451 **FEES:** None required

SERVICES

The Senior Center of Lebanon Valley promotes programs and activities that encourage the elderly to enhance, maintain, re-establish their self-dignity, promote independent living and remain valuable assets in the community.

OPPORTUNITIES FOR VOLUNTEERS

All programs and activities are implemented through volunteer participation

Programs

Activities

Socials

Health Community Services

Promotions

ADMINISTRATOR & FINANCIAL ADVISOR: (717)274-3451

* The Senior Centers of Lebanon Valley, Inc. is now accepting memberships from all persons who have reached their 55th birthday and from their spouses if the spouses are younger. The center is now run by a board of all *volunteers*. We have no office employees. Call the office and leave a message. Bingo is on the 2nd and 4th Wednesday of each month at 1 pm. Pinochle on the 1st and 3rd Tuesday at noon. There is also a birthday anniversary social on the third Wednesday of every month at 1:30 pm, an indoor Summer picnic in August, and a Christmas luncheon in December.

SENIOR SERVICES VOLUNTEER PROGRAM

TARGET POPULATION: Over 60 years of age. **ADDRESS:** 710 Maple Street, Lebanon, PA 17046

PHONE: (717)273-9262

WEB SITE: www.lebcounty.org

FEES: None

HOURS: 8:00 a.m. – 4:30 p.m., Monday - Friday

SERVICES

Volunteers are secured to provide specified services for senior citizens who have contacted the Area Agency on Aging for help. Volunteers are trained for the AAPRISDE Program to prepare PACE applications, Medicare forms, supplemental health forms and counsel for the annual Medicare Open Enrollment Period. Volunteers also assist with completing the PA State Property Tax/Rent Rebate forms and file basic income taxes forms. Volunteers are used to help with senior Community Center programs and serving lunch. Volunteer drivers deliver Meals on Wheels and provide transportation to out of county medical appointments.

OPPORTUNITIES FOR VOLUNTEERS

APPRISE Counselor Meals on Wheels Driver Mall Displays Senior Center Lunch Helper Telephone Reassurance Income Tax Preparer Office Clerk

Volunteer Coordinator Phone: (717)273-9262

SEXUAL ASSAULT RESOURCE COUNSELING CENTER OF LEBANON COUNTY

TARGET POPULATION: All Lebanon County residents who are or have been victims of sexual assault and their significant others.

ADDRESS: P.O. Box 836, 615 Cumberland Street, Lebanon, PA 17042

PHONE: (717)272-5308 (Hotline), (717)270-6972 (Office)

FEES: None

HOURS: 24 hour Hotline

OFFICE HOURS: 9:00 a.m. – 5:00 p.m. Monday – Friday Evening appointments available

upon request **SERVICES**

SARCC provides confidential counseling/support for all victims (male, female, child) and their friends/families via our hotline number or in person by appointment. We provide accompaniment during all medical, police, and court proceedings if victim desires. SARCC also provides prevention education counseling and educational programs.

OPPORTUNITIES FOR VOLUNTEERS

Public relations

Fund raising

Education and speeches

Counseling (with training)

Volunteer Coordinator Phone: (717)272-5308 (Hotline)

SOCIAL SECURITY ADMINISTRATION

TARGET POPULATION: Any age group.

ADDRESS: 924 Russell Drive, Lebanon, PA 17046

FEES: None

HOURS: 9:00 a.m. – 3:00 p.m., Monday, Tuesday, Thursday, Friday; 9:00 a.m. – noon,

Wednesday

PHONE: (800)772-1213 MISSION STATEMENT

Deliver Social Security services that meet the changing needs of the public.

SOCIAL SERVICES DEPARTMENT UNIVERSITY HOSPITAL/ M.S. HERSHEY MEDICAL CENTER

TARGET POPULATION: Inpatient/Outpatient of University Hospital.

ADDRESS: P.O. Box 850, Hershey, PA 17033

PHONE: (717)531-8306

AFTER HOURS PHONE: (717)531-8521

HOURS: 8:00 a.m. – 4:30 p.m. Monday - Friday

FEES: None SERVICES

The Social Services Department of University Hospital coordinates post hospital care, and arranges services which enables person to receive medical care in their home or community. Also, counseling and long range planning for those with chronic illness or infirmity.

OPPORTUNITIES FOR VOLUNTEERS

Office Work

Follow up phone calls Volunteer Manager

Phone: 531-8278

SPECIAL KIDS NETWORK

TARGET POPULATION: Children and Youth with Special Health Care Needs and their families.

ADDRESS: Pennsylvania Department of Health, Bureau of Family Health, 625 Forster Street,

Health & Welfare Building, 7th Floor East Wing, Harrisburg, PA 17120

FEES: None

PHONE: (717)772-2763

SERVICES

The Special Kids Network (SKN) is offered through the Pennsylvania Department of Health for children and youth with special health care needs and their families. The SKN offers services through three primary components: 1) a toll-free helpline; 2) service coordination for families by a trained nurse; and 3) community engagement through the work of Regional Coordinators in the Department's eight health districts. The Regional Coordinators are all parents of children/youth with special health care needs. The Special Kids Network helpline number is 1-800-986-4550 and is answered live Mondays – Fridays from 8:30am – 4:00pm.

STATE REPRESENTATIVE FRANK RYAN

TARGET POPULATION: 101st District includes the City of Lebanon; Townships of North

Cornwall, West Cornwall, North Londonderry, South Londonderry and South Annville;

Boroughs of Comwall, Mt. Gretna, Palmyra

ADDRESS: 1044 East Main Street, Palmyra PA 17078

PHONE: (717)838-3823 **FAX:** (717)832-8194

SERVICES

The District office provides constituents with local access to Representative Ryan and his staff in addressing state-related problems or concerns.

STATE REPRESENTATIVE RUSS DIAMOND

TARGET POPULATION: Lebanon County.

ADDRESS: 2230 Lebanon Valley Mall, Lebanon, PA 17042

PHONE: (717)277-2101 **FAX:** (717)277-2105

EMAIL: rdiamond@pahousegop.com

HOURS: 9:00 a.m. – 4:30 p.m., Monday – Friday

FEES: None

HARRISBURG OFFICE: Room 145B East Wing, PO Box 202102, Harrisburg, PA 17120

PHONE: (717)787-2686 **FAX:** (717)782-2890

SERVICES

Representative Russ Diamond's office provides a forum for residents in the 102nd Legislative District to share views with their representative in the General Assembly. It is also a place for people to receive assistance in state related matters.

STATE SENATOR MIKE FOLMER

TARGET POPULATION: Lebanon County.

ADDRESS: Room 101, Municipal Bldg., 400 South 8th St., Lebanon, PA 17042

PHONE: (717)274-6735

HOURS: 8:30 a.m. – 4:30 p.m., Monday – Friday

WEB SITE: www.senatorfolmer.com

EMAIL: mfolmer@pasen.gov

FEES: None SERVICES

The Lebanon County Legislative Office is a liaison between constituents and state agencies...giving assistance to constituents should they have a state related problem.

STEP INTO LIFE MINISTRIES

TARGET POPULATION: A referral and assistance ministry for all who are hurting and \have

fallen into the gap.

ADDRESS: 302 Chestnut Street, Lebanon, PA 17042

PHONE: (717)450-4981 **FAX:** (717)450-4984

MISSION

The mission of the Step Into Life Drop-in Center is to provide daily services to individuals that preserve their human dignity and promote a positive direction in their lives.

The Drop-in Center provides our guests with referrals to other contact agencies and services, a safe alternative to the streets in a Christian atmosphere, transportation assistance, and someone to whom they can talk. In addition to providing a safe and welcoming environment and case management services, our ministry offers opportunities to work alongside individuals to improve the life of anyone desiring a real change.

The services provided by Step Into Life Drop In Center enable clients to dramatically change their lives and ultimately break the cycle of poverty, incarceration & homelessness

Step Into Life Ministries Drop In Center commits to providing human services to people in need that enable them to break the cycle of destructive behaviors and restore their human dignity and self-esteem through showing the love of Jesus Christ

.

SUPPORTIVE CONCEPTS FOR FAMILIES

TARGET POPULATION: Provides daily needs and living skills to group homes in Lebanon

County.

ADDRESS: 724 East Cumberland Street, Lebanon, PA 17042

PHONE: (717)675-2897

SUSQUEHANNA ASSOCIATION FOR THE BLIND AND VISION IMPAIRED (SABVI) VISION CORPS.

TARGET POPULATION: Residents in Lebanon and Lancaster Counties who are blind or

vision impaired; all ages, birth to adulthood.

ADDRESS: 244 North Queen Street, Lancaster, PA 17603

PHONE: (717)291-5951 **FAX:** (717)291-9183

HOURS: 8:00 a.m. - 4:00 p.m., Monday - Friday

SERVICES

Programs and services provided by the SABVI include prevention of blindness, low vision clinic, rehabilitation, counseling, recreation, radio talking library, preschool, employment, Braille production, etc.

OPPORTUNITIES FOR VOLUNTEERS

Drivers

Clerical

Readers

Recreation Assistants

Nurses

Volunteer Coordinator: (717)291-5951

SUPPORT GROUPS

Sight Loss Support Group Insight Group Craft and Crochet Class Social Club

TEEN CHALLENGE TRAINING CENTER

TARGET POPULATION: Men 18 years and older with life controlling problems, specifically

drugs and/or alcohol.

ADDRESS: 33 Teen Challenge Road, P.O. Box 98, Rehrersburg, PA 19550

PHONE: (844)888-8085 WEBSITE: www.paatc.org

FEES: Variable according to program. Medicaid and some insurances accepted.

HOURS: residential program 24 hours a day

SERVICES

Medical Detoxification, Clinical/medical 30-day residential D & A rehabilitation program, 12-month Residential Faith based program for men who struggle with substance use issuers.

OPPORTUNITIES FOR VOLUNTEERS

Secretary / Receptionist

Maintenance

Working at special events PHONE: (717)933-4181

THRIFT STORES

ANNVILLE DISCOUNT LAND / REBUILDIT SHOP ADDRESS: 1455 East Main Street,

Annville, PA 17003 PHONE: (717)867-4657

BLUE MOUNTAIN

ADDRESS: 64 North Londonderry Square, Palmyra, PA 17078 PHONE: (717)867-1595

GOODWILL

ADDRESS: 798 South Twelfth Street, Lebanon, PA 17042 PHONE: (717)272-7557

GOODWILL

ADDRESS: 901 East Main Street, Palmyra, PA 17078 PHONE: (717)838-2137

HUMANE SOCIETY THRIFT SHOP

ADDRESS: 129 Cumberland Street, Lebanon, PA 17042 PHONE: (717)274-3425

JUBILEE

ADDRESS: 235 South Twelfth Street, Lebanon, PA 17042 PHONE: (717)274-7528

JUBILEE

ADDRESS: 103 North College Street, Palmyra, PA 17078 PHONE: (717)832-0400

JUBILEE

ADDRESS: 715 East Lincoln Avenue, Myerstown, PA 17067 PHONE: (717)866-0218

SALVATION ARMY STORE

ADDRESS: 2211 Cumberland Street, Lebanon, PA 17042 PHONE: (717)306-4272

UNITED STATES CONGRESSMAN CHARLIE DENT

ADDRESS: 342F West Main Street, first floor, Annville, PA 17003

PHONE: (717)867-1026 **FAX:** (717)867-1540

ADDRESS: 2455 Rayburn House Office Building, Washington, D.C. 20515

PHONE: (202)225-6411 **FAX:** (202)226-0778

WEB SITE: http://www.dent.house.gov/

EMAIL: Brian.Craig@mail.house.gov or Chrystal.Foster@mail.house.gov

HOURS: Weekdays 9:00 a.m. - 5:00 p.m. (closed for meetings and special events)

UNITED STATES CONGRESSMAN RYAN COSTELLO

ADDRESS: 840 North Park Road, Wyomissing, PA 19610

PHONE: (610)376-7630

ADDRESS: 326 Cannon House Office Building, Washington, D.C. 20515

PHONE: (202)225-4315 **FAX:** (202)225-8440

WEB SITE: https://costello.house.gov/

UNITED STATES SENATOR PAT TOOMEY

HARRISBURG OFFICE: United States Federal Building, 229 Walnut Street, Suite 1104,

Harrisburg, PA 17101 **PHONE**: (717)782-3951

WASHINGTON OFFICE: 711 Hart Building, Washington, DC 20210

PHONE: (202)224-4254

UNITED STATES SENATOR BOB CASEY, JR.

HARRISBURG OFFICE: 200 N 3rd Street, Suite 14A, Harrisburg, PA 17101

PHONE: (717)231-7540 or (866)461-9159, toll free

FAX: 231-7542

WASHINGTON OFFICE: 393 Russell Senate Office Building, Washington, DC 20510

PHONE: (202)224-6324 or (866)802-2833, toll free

FAX: (202)228-0604

UNITED WAY OF LEBANON COUNTY, INC.

TARGET POPULATION: Any person or agency.

ADDRESS: P.O. Box 1164, 801 Cumberland St, Lebanon, PA 17042-1164

PHONE: (717)273-8144

HOURS: 8:30 a.m. – 4:30 p.m., Monday – Friday

FEES: None SERVICES

United Way of Lebanon County is a volunteer organization that develops and directs community volunteer and financial resources to local human service agencies to address community needs and offers information and referred services to individuals with specific needs.

OPPORTUNITIES FOR VOLUNTEERS

Committee members Fund Solicitors Speakers

UTILITIES HELP

<u>DOLLAR ENERGY PHONE</u>: (888)282-6816 - Call for assistance / subsidies for electric bills. <u>LEBANON COUNTY CHRISTIAN MINISTRIES</u>: 250 South Seventh Street, Lebanon, PA 17042 PHONE: (717)274-2601 - Sometimes can assist with UGI payments and water bills. <u>LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)</u> Apply online at: www.compass.state.pa.us

VETERANS AFFAIRS, LEBANON COUNTY

TARGET POPULATION: Veterans, their widows, and dependent children.

ADDRESS: Municipal Bldg., 400 South 8th Street #116, Lebanon, PA 17042-6794

PHONE: (717)228-4422

HOURS: 8:30 a.m. – 4:30 p.m. Monday - Friday

FEES: None SERVICES

The Veterans Affairs Office assists veterans, their widows and dependent children to file for Federal, State and County benefits. They record military separation papers, file claims for education, emergency assistance, government headstone, home loans, hospital and dental service, insurance, pension, compensation, and burial benefits.

VISITING NURSE ASSOCIATION Department of the Good Samaritan Hospital

TARGET POPULATION: Lebanon County and parts of Schuylkill, Berks, Lancaster, and

Dauphin Counties.

MAILING ADDRESS: P.O. Box 1281, Lebanon, PA 17042-1281

LOCATION: 1503 Quentin Road, Lebanon, Pa. 17042

FEES: See below*

PHONE: (717)274-2591

AFTER HOURS PHONE: (717)274-2591

OFFICE HOURS: 8:00 a.m. – 5:00 p.m., Monday – Friday On call 24 hrs.

SERVICES

The Visiting Nurse Association, a department of the Good Samaritan Hospital, provides intermittent skilled care in the home setting. Services include skilled nursing, home health aide, medical social services, physical therapy, speech therapy, and occupational therapy. Other specialized services include home intravenous therapy, total parental nutrition, maternal/infant care, and specialized nursing care for patients with congestive heart failure, psychiatric conditions and rehabilitative needs.

OPPORTUNITIES FOR VOLUNTEERS

General office duties Phone: (717)274-2591

^{*}Most services covered by Medicare, Medical Assistance, Blue Cross, and Commercial Insurance.

WEATHERIZATION PROGRAM

TARGET POPULATION: Low income homeowners and renters at or below 200% of poverty level.

ADDRESS: Community Action Agency of Delaware County, 94 Jansen Avenue, Essington, PA

19029

PHONE: (610)521-8770

WEBSITE: www.caadc.org

HOURS: 8:00 a.m. – 4:30 p.m., Monday – Friday

FEES: None SERVICES

The Weatherization program provides and installs energy saving materials – attic and wall insulation, caulking, CFL bulbs, window/door repair/replacement, etc., to those qualifying. Labor and material are at no charge. Program funded by the U.S. Dept. of Energy and Pa. Dept. of Community and Economic Development. Gas and Oil heater repair also available.

WELLSPAN VNA HOME CARE (Department of the Good Samaritan Health System)

ADDRESS: 1503 Quentin Road, Lebanon, PA 17042

PHONE: (717)274-2591 **FAX:** (717)274-3923

SERVICES

Good Samaritan Home Health, a department of the Good Samaritan Health System, provides intermittent skilled care in the home setting. Services include skilled nursing, home health aide, medical social services, physical therapy and occupational therapy. Skilled services include but are not limited to education for disease management, medication administration, wound care, new treatments/procedures, such as ostomy care.

WELLSPAN VNA HOSPICE Department of the Good Samaritan Health System

ADDRESS: 1503 Quentin Road, Lebanon, PA 17042

PHONE: (717)270-7672 **FAX:** (717)274-3923

SERVICES

Good Samaritan Hospice, a department of the Good Samaritan Health System, provides families with a compassionate team of experienced professionals and volunteers who address the physical, emotional and spiritual needs of patients, their families and close friends. The goal is to bring comfort to those facing a life limiting illness.

WELLSPAN MEDICAL EQUIPMENT

TARGET POPULATION: Any person requiring medical equipment & medical supplies.

ADDRESS: 301 Schneider Drive, Lebanon, PA 17046

PHONE: (717)272-2057

HOURS: 9:00 a.m. – 5:00 p.m., Monday – Friday; 9:00 a.m. – 1:00 p.m., Saturday

FEES: Purchases/services according to product

SERVICES

GSH Home Med Care Inc. provides oxygen, home medical equipment and supplies to patients who need this service. We carry a full line of supplies including braces, sleep therapy supplies, oxygen, diabetic shoes, seat lift chairs, stair lifts, hospital beds, specialty beds for children and manual and power wheelchairs. We provide 24-hour emergency service for our oxygen patients and will also do all of the billing to your insurance company when eligible. Please call for more information.

WERNERSVILLE STATE HOSPITAL

TARGET POPULATION: Seriously and persistently mentally ill persons from Berks, Lancaster and Lebanon Counties over 18 years of age in need of intermediate and extended inpatient psychiatric treatment.

ADDRESS: 160 Main Street, Wernersville, PA 19565-0300

PHONE: (610)678-3411 **FAX:** (610)670-4101

OFFICE HOURS: 8:00 a.m. - 4:00 p.m., Monday - Friday*

FEES: As determined by Facility Reimbursement Office following interview**

* At other times, contact can be made via the Nurse Manager/Supervisor on duty.

SERVICES

- 1. ADMISSIONS Diagnostic, evaluation and treatment services aimed at return to the community as soon as clinically indicated.
- 2. RECOVERY/PSYCHOSOCIAL REHABILITATION Medications can reduce the debilitating effects of mental illness. Professionals, consumers, and families are, however, also recognizing the important positive role played by therapeutic experiences which enhance quality of life.

The Independence Mall utilizes Recovery Principles to provide programming, activities and support services that afford consumers the opportunity to develop a belief system that says: I can do it! I count as a person! I am connected to others!

- 3. RESTORATION Focuses on basic skill-based interventions specifically targeted at maintaining and incrementally enhancing self-care abilities, environmental awareness, and/or socialization. Attainment of optimal functional level is stressed.
- 4. OLDER ADULT Treatment is provided for depression, anxiety, psychotic disorders and dementia as well as other dysfunctions of behavior, mood, thought, and memory. Staff is attentive to emotional, behavior, and cognitive problems that may be complicated by medical conditions.
- 5. MISA Treatment is provided for consumers with a dual diagnosis of mental illness and substance abuse (MISA). The MISA program, call "Transitions" is focused on providing insight into personal addiction patterns, assisting in establishing motivation to change, developing a process of recovery and introducing methods to prevent relapse.

OPPORTUNITIES FOR VOLUNTEERS

Volunteers recruited to meet specific needs

Volunteer Coordinator: Karen Moyer - Phone: (610)670-4164

** Per Diem - \$434 – The actual charge, based on a sliding scale, is determined following

an interview with the Facility Reimbursement Officer to assess available payment resources. Blue Cross/Blue Shield, Medicare, Medical Assistance and commercial insurances are accepted.

WOMEN, INFANTS, AND CHILDREN PROGRAM - WIC

TARGET POPULATION: Lower income women, infants and children.

ADDRESS: 615 Cumberland Street, Lebanon, PA 17042

PHONE: (717)273-6940

EMAIL: WIC@lebanonfamilyhealth.org

HOURS: Mon, Tue, Wed, Fri: 8:00 a.m. – 5:00 p.m., Thu 8:00 a.m. - 7 p.m.

Closed Weekends and Holidays **FEES:** Free to eligible participants

SERVICES

Women, infants, and children (WIC) is a supplemental nutrition program for eligible pregnant, breastfeeding and postpartum women, infants and children up to age 5. WIC provides nutritious foods including: milk, cheese, eggs, peanut butter, juice, cereals, whole grain products, fruits and vegetables as well as infant formula and baby foods. WIC also provides nutrition education and offers referrals to other human services and medical services.

YOUTH ADVOCATE PROGRAM OF LEBANON COUNTY

TARGET POPULATION: Serving Youth and families with extremely complex needs and

presenting problems. Targets children who are labeled "difficult to serve."

ADDRESS: 1691 Grace Avenue, Lebanon, PA 17046

PHONE: (717)228-0935

FAX: (717)228-0393

POLICE AND EMERGENCY NUMBERS

911 - EMERGENCY FIRE, POLICE, AND AMBULANCE

(800)222-1222 POISON CONTROL CENTER

(717)272-6611 LEBANON CITY POLICE

911 OR (717)272-2054 ALL OTHER POLICE DEPARTMENTS IN LEBANON COUNTY

(717)272-3925 OR 865-2194 PENNSYLVANIA STATE POLICE (JONESTOWN BARRACKS)

HOTLINES & TOLL FREE INFORMATION NUMBERS

AIDS Hotline

(800)232-4636

(888)232-6348 -TTY-Monday through Friday, 10:00 A.M.-10:00 P.M. Alcoholism Hotline

(800)252-6465

Alzheimer's Disease

(800)272-3900

American Council of the Blind

(800)424-8666

American Juvenile Diabetes Research Association

(800)223-1138

American Diabetes Association

(800)342-2383

American Lung Association

(800)932-0903

Arthritis Foundation

(800)283-7800

Blind & Physically Handicapped Information – Library of Congress

(800)424-9100

Cancer Information

(800)422-6237 or 1-800-221-2141 for Breast Cancer

Child Abuse (Information & Counseling)

(800)422-4453

Childline (Child Abuse) – Open 24 hours. Allows public to report abuse directly to DPW.

Complaints referred to County Child Welfare.

(800)932-0313 - Nationwide

Coalition Against Rape

(800)692-7445

Commonwealth Information

(800)932-0784

CONNECT Information – Issues-Early Intervention for birth to kindergarten.

(800)692-7288 - Info and referral

CONSULT – Special Education for ages 3 to 21

(800)879-2301

Consumer Credit Counseling of Central PA.

(800)788-5062

Consumer Protection Hotline

(800)441-2555

Dept. of Education (State)

(800)692-7392 (Loan & Grants) www.pheaa.org

Federal Tax Information – Tele Tax

(800)829-1040

(800)829-4477

Gambling Addiction & Referral

(877)565-2112

Hearing Society - Hearing Aid Helpline – 10:00 A.M. to 4:00 P.M.

(800)521-5247

HELPLINE - Income Maintenance Helpline Correspondence Unit

Handles complaints after client is seen at local CBA regarding income maintenance problems with assistance, food stamps, medicare drug plans, energy assistance.

(800)692-7462

Liquor Control Board - takes tips on liquor sales to minors and complaints against bars (800)932-0602 – PA State Police

Lung Line

(800)222-5864

March of Dimes

(800)533-9255

Mortgage Assistance/Foreclosure – Assists those faced with home foreclosure

(800)342-2397

National Clearinghouse for Alcohol and Drug Information

(800)662-HELP(4357)

National Downs Syndrome Society

(800)221-4602

National Poison Control – 24 hours

(800)222-1222

National Runaway Switchboard

(800)621-4000

National Sexually Transmitted Disease (STD) – 8:00 A.M. to 11 P.M.

(800)232-4636 TTY -1-888-232-6348

P & O A Complaint Line – Receives complaints for all Professional State licenses boards (800)822-2113

PA Coalition Against Domestic Violence National Resource Center

(800)932-4632

PA Higher Education Assistance Agency (PHEAA) – Grants and Loan - Info on PHEAA Loans (800)692-7392

PA Visitors Guide – Sends out Visitors Guides for Pennsylvania

(800)847-4872 (800-VISITPA)

Peace of Mind Runaway Hotline – Referral service for runaways, message relays (800)231-6946

Public Utility Commission – Mediation with regulated utilities regarding pending terminations (800)782-1110

Special Kids Network – Info on children with special needs

(800)986-4550

Social Security Administration

(800)772-1213

Unemployment Compensation Fraud – Report all U.C. fraud

(800)692-7469

Veterans Outreach & Assistance Center

(800)932-0930 (Harrisburg)

Welfare Fraud – To report all Welfare Fraud

(800)932-0582

Workers Compensation – General info on work injuries program. Some help with insurance companies who provide the benefits.

(800)482-2383

SUPPORT GROUPS

ADULT HEART SUPPORT PROGRAM - Adult support group open to anyone who is diagnosed with and/or living with a person coping with heart disease or heart failure. Meets the first Thursday of each month from 7 - 8 pm in the West Campus Health & Wellness Center, Hershey Med Center. For updated class information and to register, call (717)531-5030.

AL-ANON FAMILY GROUP - Meets at the CHEB building of the Good Samaritan Hospital at 223 S. 4th Street, Lebanon on Friday evenings at 7 p.m. For more info, call the Lancaster/Lebanon Al-Anon Intergroup at (800)671-5994.

AL-ANON FAMILY GROUP - Step by Step to Recovery meets Wednesdays 7-8 p.m. at Grace UCC, Rt. 897, 1000 South 5th Ave., Lebanon.

AL-ANON FAMILY GROUP - Meets Wed. night 7 PM at Trinity U.C.C. S. Railroad & Pine Sts. Palmyra. Call (717)838-2688 more info.

Alcoholics Anonymous of Lebanon County - Provide support for recovering alcoholics. 24 hour hotline answering service for information on meeting times and places, (223) 322-9305. www.lebanonpaaa.org

ALLEY CENTER FOR THE BLIND - Offers various social and support groups. 2550 Hanford Dr., Lebanon. For a list of dates, times and groups, please call (717)274-6711. www.sabvi.com

ALZHEIMER'S ASSOCIATION SUPPORT GROUP OF EASTERN LEBANON COUNTY - 6 pm every third Monday at Stoneridge Town Center, Myerstown. For further info, Jeremy, (717)866-6541, ext. 2207.

ALZHEIMER'S/DEMENTIA FAMILY SUPPORT GROUP - Meets at Linden Village Personal Care Community the 4th Wednesday of each month at 6:00pm. Call 717-274-7400 for info.

ALZHEIMER'S/EARLY STAGE SUPPORT GROUP - For those facing life with Alzheimer's and Dementia. Church of the Good Shepherd, 1500 Quentin Road, Lebanon. Pre Registration required. For info/registration, Jan (717)371-2231 Kathleen, (717)228-8067.

AUTISM SPECTRUM SUPPORT GROUP - of Lebanon County will no longer have any scheduled meetings. All meetings will be by special notice only. Please email diane@lebanonautism.com with any questions.

BLADDER CANCER SUPPORT GROUP - Meets at the University Conference Center on the Medical Center campus. Various breakout sessions led by the medical team, bladder cancer

survivors and caregivers will cover questions and concerns about living with bladder cancer, treatment, the role of a support person and more. Anyone affected by this disease, including patients, family and friends, are invited to attend. For a campus map and directions, PennStateHershey.org/directions. For more information, call (717)531-0003, ext. 285863.

BREAST CANCER SUPPORT GROUP - Meets on the third Wednesday of each month from 6:00-7:30 p.m. at GSH in classroom 4. Informal group open to anyone who is a survivor of breast cancer, from those newly diagnosed to those who have survived many years. Refreshments are provided. For more information call (717)270-2226 for more information.

CAREGIVER SUPPORT GROUP - Offered by Spang Crest, on the third Wednesday of each month at 10:30 a.m. in The Gathering Space, 945 Duke Street, Lebanon. For more information, please call Kristin Cassidy at (717)274-1495.

CAREGIVER SUPPORT GROUP - Sponsored by Mt. Hope Church Home, Manheim meets the first Wednesday of the month at 10:30 a.m. 3026 Mt. Hope Home Road. For info, call (717)665-6365, ext. 234.

CELEBRATE RECOVERY - Men and Women's Support Group - Addresses all types of hangups including Overspending; Anger; Overeating; Need to Control; Fear/Anxiety and more! Meetings are held every Tuesday from 6:30 to 8:00 p.m. at the Corner, Route 183/443, 1673 Long Road, Schuylkill Haven. Call for more information at (570)739-2241 or www.bethesdaec.org

CELEBRATE RECOVERY SUPPORT GROUP - Every Saturday at Pathfinder Building, 410 N. 9th St., Lebanon. Service, 6:30-7:30 p.m.; light snack, 7:30-7:45 p.m.; groups, 7:45-8:45 p.m. Doors open at 6 p.m. Contact Raymond, (717)304-9662.

CELEBRATE RECOVERY SUPPORT GROUP - At Faith Fellowship every Friday @ 6:30; free meal, free child care, and free pickup service. Contact info: (717)389-2582. Any struggle can be helped.

C.H.A.D.D. (CHILDREN AND ADULTS WITH ATTENTION DEFICIT DISORDER) - Meets at the Lebanon Community Library, 125 N. 7th St. Free. For info, call (717)838-0689.

COMPASSIONATE FRIENDS - Meets every fourth Monday of the month at Christ Presbyterian Church, 1300 Maple St., Lebanon. Offers friendship and understanding to bereaved parents, grandparents and siblings, following the loss of a child. Call (717)274-2422 or 273-2168 for info.

DEBTORS ANONYMOUS - For those struggling to manage their finances and/or compulsive spending. For help please visit the D.A. National website at www.debtorsanonymous.org.

DEMENTIA CAREGIVER SUPPORT AND EDUCATION GROUP - Meets every third Tuesday from 10:30-11:30 a.m. at the Masonic Village, One Masonic Drive, Elizabethtown. For info and to RSVP, call (717)367-1121, ext. 33164.

DIABETES SUPPORT GROUP - For adults. Consists of speakers and group discussion. Meets third Thursday from 1:30-2:30 p.m. at 35 Hope Drive, Hershey. For info, call (717)531-8395 or 1-800-243-1455

DIVINE HOPE - Support group for families & individuals with disabilities. For more info call: Wendy at (717)383-6030.

DIVORCE CARE RECOVERY SEMINAR - First ECC, 55 W. Main St., Palmyra. Meets Tuesdays at 7 p.m. To pre-register or for info, call (717)838-3758.

DIVORCECARE SUPPORT GROUP - Is held at Derry Presbyterian Church, 248 East Derry Road, Hershey. Also, program for children. No cost. For info/registration, (717)533-9667.

DOMESTIC VIOLENCE SUPPORT GROUP - Meets weekly. Contact Domestic Violence Intervention of Lebanon County, Lebanon at (717)273-7190.

EARLY STAGE ALZHEIMER'S SUPPORT GROUP - For those facing life with Alzheimer's and Dementia. Church of the Good Shepherd, 1500 Quentin Road, Lebanon. For info/registration, Kathleen, (717)228-8067.

EATING DISORDERS SUPPORT GROUP - For families and friends of individuals undergoing treatment for eating disorders at Penn State Hershey Medical Center. Meets the first Tuesday and third Thursday of the month from 6-7 p.m. at the Briarcrest Building in Hershey, second floor, Suite 250. For info, call (717)531-7230.

FAMILIES JOINED - For families and friends of heroin users/abusers. Support group meets at Pennsylvania Counseling Services - Renaissance, 618 Cumberland St., Lebanon on Tuesdays at 6 p.m. For info, call (717)274-2741, ext. 113.

FAMILY SUPPORT MEETING - The Family Support Fellowship of Friendship Community is lead by parents who have children with disabilities and provides information, friendship and support to families with members with disabilities. All meetings are open to the public. For info, Friendship Community Office, 1149 East Oregon Road, Lititz, or call (717)656-2466.

GAM-ANON - Meets Wednesdays at Ephrata Church of the Brethren, 201 Crescent Ave, Ephrata from 7:30-9 p.m. Contact, Shirley L., (717)413-6789.

GAM-ANON - Support group for families of compulsive gamblers. Meets Tuesdays at Christ Church UCC, 4870 Kutztown Road, Temple. 8-9:30 p.m. Contact, Shirley L. - (717)413-6789.

GASTRIC BYPASS SUPPORT GROUP - Provides peer support and resources to individuals researching, awaiting or adapting to weight loss surgery at Penn State Hershey Medical Center. Meets third Thursday of the month from 6:30-8 p.m. in the PSU Fitness Center. Call Janelle McLeod, (877)609-6848 for info.

GENERAL CANCER SUPPORT GROUP - Meetings will take place on the first Tuesday of every month from 6:00-7:30 p.m. at GSH in classroom 4. Open to anyone who is a cancer patient or survivor of cancer and their caregiver. Refreshments are provided. For more information call (717)270-2226.

GLUTEN INTOLERANCE GROUP - Support Group for those who are gluten intolerant meets at Mast Natural and Bulk Foods, 158 N. Ramona Rd., Myerstown. 7 p.m. on Monday evenings. Call (717)269-5125.

GLUTEN INTOLERANCE GROUP - Support Group for those with celiac disease. For info or to pre-register, call (717)520-9817 or e-mail Harrisburg@gluten.net.

GRIEF AND LOSS SUPPORT GROUP - AseraCare Hospice sponsors at Lebanon Valley Home. 2nd Tuesday of the month. 3 p.m. For more info call (888)262-8545 or (717)228-2775.

GRIEF SHARE - 1:30-3:00 pm. Each Grief Share session has three distinct elements: Video Seminar with Experts, Support Group Discussion with Focus, and Workbook-based Personal Study and Reflection. 155 Reedsville Road, Schuylkill Haven. Call (570)739-2241 or visit www.bethesdaec.org.

GRIEF SHARE SUPPORT GROUP - No Summer meetings at New Beginnings Grace Brethren Church, 430 E. Lincoln Ave., (Rt. 422), Myerstown. Call the church office at (717)866-5704 for information and directions to the class.

GRIEF SUPPORT GROUP - For adults is forming to deal with anger, guilt, loneliness, and other topics. 7PM on Thursday in the social hall of Most Blessed Trinity parish in Tremont. Register between 6pm & 7pm or pre-register by calling MBT Rectory, (570)695-3648, between the hours of 10am & 3pm.

HEAD & NECK CANCER SUPPORT GROUP - at Penn State Hershey 4th Sunday of the month (holiday times will vary). Family & friends welcome. Held at the University Conference Center. To register call (717)531-4728 or send email to headandnecksupportgroup@hmc.psu.edu & include the number of people attending.

JOURNEY THROUGH GRIEF: HOSPICE BEREAVEMENT SUPPORT GROUP - Monthly meetings at GSH Hospice Office, 202 Hathaway Park, Lebanon. For dates and times call (717)270-7672. Also children's support group available for children ages 5-10.

KIDS IN COMMUNICATION - Single parent home support group for children (ages 8-14) from all types of single parent homes. Parents are welcome to stay during the meetings. Free of charge. Wednesday nights 6:45-8:30 p.m. Kenbrook Bible Camp, located off Rt. 343 (N. 7th St.), Lebanon, PA. To register, call Dave or Pat at (717)274-3443.

LEBANON COUNTY LA LECHE LEAGUE - Meets the first Wednesday of every month. Community Health Education Building at the GSH, 4th & Walnut Sts., Lebanon. For info, call Mary, 867-4103 or Tammy, (717)272-6186.

LEBANON COUNTY CONTACT YOUTHLINE - Need someone to listen? Troubled, stressed, hurting or lonely? In a crisis and don't know where to turn? Call (717)272-4444, 24-hour helpline. Confidential and anonymous.

LEBANON LUPUS SUPPORT GROUP - Meets at 7 p.m. the second Monday of each month at the Lebanon VA Medical Center, Building 22, Room 219. For info, contact Jackie Brubaker 1-888-215-8787.

LEUKEMIA AND LYMPHOMA FAMILY SUPPORT GROUP - For patients and families who have leukemia or lymphoma. Third Tuesday of each month at 7 p.m. Penn State Hershey Medical Center, dining room C. For info, call (717)652-6520 or (717)531-4291.

MUSCULAR DYSTROPHY ASSOC. & MYASTHENIA GRAVIS SUPPORT GROUP - Meets first Sunday of each month from 1-2:30 p.m. at Penn State Hershey Medical Center, dining room A. For info, call (717)531-8521, ext. 283391. Free to the public.

MULTIPLE SCLEROSIS SUPPORT GROUP - Palmyra Nursing Home, 341 N. Railroad St., Palmyra. Second Tues. of even months from 6:30-7:30 p.m. Call Cindy, (717)838-3011 for info.

MULTIPLE SCLEROSIS SUPPORT GROUP - Meets monthly. We get together for a lunch at a selected restaurant. Usually meet on a Monday or Friday. Everyone pays for their own meal, the

conversation and friendship are free and priceless! For more info please contact, Cheryl Lynch at (717)838-7212.

NARCOTICS ANONYMOUS - Lebanon Valley area chapter meets daily. Call the 24-hour helpline at (717)277-7500.

NEWCOMERS CLUB OF LEBANON - Support group. Email lebanonnewcomersclub@yahoo.com for details.

OVEREATERS ANONYMOUS - Meets Mondays & Thursdays at 7:30 p.m. Church of the Redeemer, 500 W. Chocolate Ave., Hershey.

OVEREATERS ANONYMOUS - Meets Wednesdays at 5:15 p.m. at the Caron Foundation Skylight Room in Wernersville.

OVEREATERS ANONYMOUS - Meets Fridays at 7:30 p.m. at St. Mark's Lutheran Church, 4200 Londonderry Rd., exit 29, Harrisburg.

OVEREATERS ANONYMOUS - Meets Saturdays at 9 a.m. at St. Catherine Laboure Rectory Meeting Room, 4000 Derry St., Harrisburg.

PARENTS OF CHILDREN WITH ATTACHMENT DISORDERS - Support group will meet at 7 p.m. Immanuel UMC, Cleona. For info call (717)821-9683 or 304-7306.

PENN STATE HERSHEY MEDICAL CENTER'S TOBACCO INTERVENTION PROGRAM (TIP) SUPPORT GROUP - Meets every Monday evening at the University Conference Center on the Medical Center campus from 6:30 to 8 p.m. The free group sessions guide the client from decision making to quitting through relapse prevention. For more information and to register, call (800)243-1455.

PROSTATE CANCER SUPPORT GROUP - Meets 2nd Monday each month. 7-8 p.m. Christ Presbyterian Church, 1300 Maple St., Lebanon. For info, call (717)273-5964.

SEXUAL ASSAULT RESOURCE AND COUNSELING CENTER SUPPORT GROUP

- Several support groups meet weekly to focus on recovery and healing from sexual assault and sexual abuse. Please call (717)272-5308 for more information.

SIGHT LOSS SUPPORT GROUP - To ease feelings of isolation and depression related to vision loss. Meets third Wednesday of each month from 1-2 p.m. at the Alley Center for the Blind, 2550 Hanford Drive, Lebanon. For info, call (717)274-6711.

SPINAL CORD INJURY SUPPORT GROUP - Support, socialization and education for those with spinal cord injuries, their families and support persons. Held the third Wednesday of each month at Penn State Hershey Medical Center in the third floor rehabilitation dining room. For more info, call Cindy Hulse, CRRN, (717)531-7010.

STROKE SUPPORT GROUP - Penn State Hershey Rehab Hospital, 1135 Old West Chocolate Ave., Hummelstown. Monthly programs of interest to stroke survivors and their caregivers as well as an opportunity for support and socialization. Presentations by experts such as neurologists, neurosurgeons, and therapists. Free. Third Wednesday of each month, 3:30 pm. Information: (717)531-1104.

SURGICAL WEIGHT LOSS SUPPORT GROUP - Provides peer support and resources to individuals researching, awaiting, or adapting to weight-loss surgery at Penn State Hershey Medical Center. Meets the third Thursday of each month from 6:00 p.m. to 7:00 p.m. at the Surgical Weight Loss Clinic, 4000 Vine Street in Middletown. Please call (717)531-7260 for more information.

SURVIVORS OF SUICIDE SUPPORT GROUP - For those affected by the suicide of a loved one. Meets the second Wednesday of the month from 6:30-8 p.m. at The Grace M. Pollock Training and Community Center at PhilHaven, Mt. Gretna. For info, Ann, (717)273-8871, ext. 580 or awenger@philhaven.org.

TOPS - Take Off Pounds Sensibly support group meets at 9:30 a.m. Calvary Church, 1330 Pennsylvania Ave., Lebanon. Call (717)866-2405 for info.

TOPS - Take Off Pounds Sensibly support group meets Mondays at West Lebanon Playground Bldg., 2201 Church St., Lebanon. Weigh-in, 5:30 p.m.; meeting, 6:30 p.m. Call (717)273-8212.

TOPS - Take Off Pounds Sensibly support group meets at Little Swatara Church of the Brethren, Bethel from 5:30 - 6:30 p.m. Go to rear of building. Call (610)589-4838.

TOPS - Take Off Pounds Sensibly support group meets Tuesdays at Philhaven, Mt. Gretna. Weigh in 6 p.m.; meeting, 7 p.m. Call (717)644-5231.

TOPS - PA 1184 Bunkerhill – Meet every Thursday at the Bunkerhill Fire Company. Weigh in from 5:30-6:30 p.m.; meeting 6:30-7:30. Any questions please call Marilyn Ebersol at (717)933-1352.